The Ohio Commission on Minority Health

2016 Minority Health Month Calendar of Events

a 30-day wellness campaign

Good Health Begins With You!®

OHIO COMMISSION ON MINORITY HEALTH
Good Health
Since 1987

2016 MHM CALENDAR OF EVENTS: MARCH 24 - APRIL 2

March 24, 2016

Official State of Ohio Kick-Off
2016 Health Expo & Award Ceremony for Minority Health Month

9:00am - 2:00pm
Health information, screening, and ethnic edutainment will be available. Awards will be presented to outgoing board members (5) from across the state of Ohio.

77 S. HIGH ST., 3RD & 5TH FLOORS
COLUMBUS

Sponsored By:
Ohio Commission on Minority Health
(614) 466-4000

April 1, 2016

2016 Lucas County Minority Health Month Kickoff

8:00am-3:00pm
The TOMH will present a Minority Health Month Kickoff. The event is free and open to all ages. Various Health Department services available. Walk-in services include: physicals for both youth and adults, dental exams, eye exams, hearing exams, and immunizations.

TOLEDO/LUCAS COUNTY HEALTH DEPARTMENT
635 N. ERIE ST.— TOLEDO

Sponsored By:
Lucas County Regional Health District Toledo Office of Minority Health
(419) 213-4095

April 1, 2016

2016 Minority Health Month Kick-off Celebration & Health Expo

10:00am-2:00pm
The 2016 Kick-off will feature health education sessions, free health screenings, and partner exhibits of available health services and community resources.

KETTERING TOWER LOBBY
40 N. MAIN ST.— DAYTON

Sponsored By:
Public Health-Dayton & Montgomery County-Local Office of Minority Health
(937) 225-4962

April 1, 2016

21 Days Wellness Pledge/W.O.W. ! Program

6:30pm-8:00pm
What is 31 Days of Wellness and W.O.W. Program? Commit to Health for at least 21 Days in April and "Working on Weight Loss". Commit to 5-9 servings of fruits and vegetables and exercise at least 5 times per week.

ABUNDANT SEASON ANOINTED MINISTRIES INTERNATIONAL
643 TROY ST.-DAYTON

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770

April 1, 2016

Barbers and Beauticians That Care

11:00am-1:00pm
In collaboration with the OSU College of Nursing, Making A Difference Inc. will conduct "Barbers and Beauticians That Care" event on the Near Eastside. OSU College of Nursing volunteers will conduct basic health screenings (blood pressure, blood sugar, BMI, Stress, etc.) .

A CUT ABOVE THE REST BARBERS SHOP
346 N. 20TH ST-COLUMBUS
(614) 253-8820

SENERGY SALONS
3443 E. BROAD ST.-COLUMBUS
(614) 253-3463

Sponsored By:
A Cut Above the Rest Barbers Shop
(614) 253-8820

April 2, 2016

Safe Sleep Champions Forum

9:00am-11:00am
A community forum for local advocates regarding safe sleep practices as a strategy to prevent infant deaths. Attendees will hear from experts and local champions about ways of spreading this health message to the community.

SANDUSKY STATE THEATER,
STATE ROOM
107 COLUMBUS AVE—SANDUSKY

Sponsored By:
Erie County Health Department
(419) 626-5623 Ext. 185

April 2, 2016

2016 Columbus Public Health Minority Health Month Kick-Off

10:00am-2:00pm
A one day community health education event in partnership with the Westside Community Health Advisory Committee, Care Source, CPH LGBTQ, OSU, DADDS, Lifeline of Ohio, Nationwide Children's Hospital and Office of Minority Health At Columbus Public Health.

COLUMBUS PUBLIC HEALTH AUDITORIUM
240 PARSONS AVE.-COLUMBUS

Sponsored By:
Columbus Public Health, Office of Minority Health
(614) 645-7335

April 2, 2016

Road to Recovery-Learning to Enjoy the Journey

10:00am-2:00pm
Road to Recovery-Learning to Enjoy the Journey.
Families affected by the disease of Addiction are invited to attend a Resource and Art Show sponsored by the Ross County CAC and the Ohio Commission on Minority Health.

OHIO UNIVERSITY
CHILLICOTHE BRANCE-
101 UNIVERSITY DR.-CHILLICOTHE

Sponsored By:
Ross County Community Action Commission, Inc.
(740) 702-7222

April 2, 2016

"Stop the Violence" 5K Walk/Run

10:00am-12:00pm
The purpose of this event is to encourage family exercise and to bring awareness of violent crimes as a minority health disparity.

STEUBENVILLE MUNICIPAL BLD.
115 SOUTH 3RD ST-
STEUBENVILLE

Sponsored By:
Urban Mission Ministries
(740) 282-8010

"APRIL IS MINORITY HEALTH MONTH"

MINORITY HEALTH MONTH BACKGROUND :

Minority Health Month (MHM) was created in Ohio in April 1989. The first celebration featured 81 community initiated events. We were elated, since our goal was for one event to be conducted each day throughout Ohio. Minority Health Month was designed to be a 30-day inclusive, high visibility, wellness campaign.

In 2000, MHM became a national celebration.

The five goals established for the month, from inception, remain valid today. Those goals are to:

- provide crucial information to allow individuals to practice disease prevention;
- promote healthy lifestyles;
- showcase the providers of grassroots healthcare resources and information;
- highlight the disparate health conditions between Ohio's minority and non minority populations; and
- to gain additional support for on-going efforts to improve minority health year round.

Today, the month has grown to over 100 events planned and executed by community based agencies and organizations. The creativity of these initiatives has been extraordinary.

OHIO COMMISSION ON Good Health MINORITY HEALTH Since 1987

April 2, 2016

Asian American Community Services Minority Health Month Kick-Off

10:00am-12:00pm
What's Autism Spectrum Disorder?
To increase the awareness and knowledge of autism spectrum disorders in the Asian American Community. A 90 minute panel discussion/workshop on explanation and prevalence of Autism Spectrum disorders and how it affects the Asian communities.

TREE OF LIFE CONFERFENCE CENTER
500 ARLINGTON BLVD.-COLUMBUS

Sponsored By:
Asian American Community Services
(614) 220-4023 Ext. 224

April 2, 2016

My Baby and Me

11:00am-2:00pm
Wright State University propose to partner with local faith communities to raise awareness and provide mental health resources for women at risk for postpartum depression. Goals include raising awareness about postpartum depression among African American women (prevention), providing the option of completing a postpartum depression screening measure (assessment), and if necessary, making referrals to local women's centers and mental health agencies (intervention).

YWCA DAYTON
141 W. 3RD ST.-DAYTON

Sponsored By:
Wright State University
937-775-4336

April 2, 2016

"Getting Your Health in Order" Initiative

9:00am-2:00pm
Jump Start Kick Off. Free and open to the public health screenings. To include: Mammogram , Prostate, Blood Glucose, Cholesterol, Triglyceride, Blood Pressure, Height and Weight.

CINCINNATI CONTEMPORARY LEARNING CENTER
CINCINNATI METROPOLITAN HOUSING AUTHORITY
1635 WESTERN AVE.-CINCINNATI

Sponsored by*::*
The Union Foundation
(513) 981-0421

April 2, 2016

Summit County Minority Health Month Kick-Off

11:00am-3:00pm
Educate the general public/community on pertinent issues facing racial/ethnic minority communities. Provide residents with resources for healthy living. Tons of giveaways, raffles, and fun for all ages!

THE UNIVERSITY OF AKRON
QUAKER STATION
135 S. BROADWAY-AKRON

Sponsored By:
Summit County Combine Health District
Office of Minority Health
(330) 926-5764

April 2, 2016

Barbers and Beauticians That Care

9:00am-1:00pm
In collaboration with the OSU College of Nursing, Making a Difference Inc. will conduct "Barbers and Beauticians That Care" event on the Near Eastside. OSU College of Nursing volunteers will conduct basic health screenings (blood pressure, blood sugar, BMI, Stress test).

A CUT ABOVE THE REST BARBERS SHOP
346 N. 20TH ST.-COLUMBUS
(614) 253-8820

EVOLUER STUDIOS
771 E. LONG ST-COLUMBUS
(614) 653-4751

MIRROR IMAGE SALONS
2934 E. BROAD ST.-COLUMBUS
(614) 235-2875

SENERGY SALONS
3443 E. BROAD ST.-COLUMBUS
(614) 253-3463

WILLIS BEAUTY SHOP
1500 E. LONG ST.-COLUMBUS
(614) 252-5004

WIZARDS OF HAIR BARBER SHOP
345 20TH ST.-COLUMBUS
(614) 252-6122

Sponsored By:
Making A Difference, Inc.
(614) 253-1880

April 2, 2016

Citywide Baby Shower and Health Fair

11:00am-3:00pm
The Stroller Stroll will begin at 11:30a.m. Health Screenings include: Blood Pressure, Glucose and Cholesterol. Vendors will represent various agencies that provide services and support to expectant moms.

ARLINGTON HEIGHTS
RECREATIONAL CENTER
810 OTIS ST.-YOUNGSTOWN

Sponsored By:
Youngstown Office of Minority Health
(330) 743-3333 Ext. 238

April 4, 2016

"Getting Your Health In Order" Initiative

6:00-8:00pm
Session I: Faith-Gaining Self-Confidence. Participants will be introduced to the Essentials of the Daniel Plan, focusing on Faith, having self-confidence to make positive lifestyle changes.

LIBERTY STREET APARTMENTS,
RESIDENT COUNCIL OFFICE
1550 LINN ST.-CINCINNATI

Sponsored by:
The Union Foundation
(513) 981-0421

April 6, 2016

Health & Awareness Fair

7:00-9:00pm
Gus Johnson Community Foundation
Health & Awareness Fair
A community education event to include health screenings, health related information, cooking demonstration and CPR class for participants who will be certified upon completion.

THE GUS JOHNSON
COMMUNITY CENTER
1015 S. HAWKINS-AKRON

Sponsored by:
The Gus Johnson Community Foundation
(330) 836-8067

April 6, 2016

Oral Health Day

9:00am-3:00pm
Oral Health Day-ASIA , Inc.
This event will raise awareness about Oral Health in the minority refugee populations in Summit County. There will be a distribution of toothbrushes, toothpaste, dental floss, and various giveaways to promote healthy living.

INTERNATIONAL INSTITUTE OF AKRON
207 E. TALLMADGE AVE.-AKRON

Sponsored by:
Summit County Combined Health District
(330) 926-5764

April 6, 2016

Stress Management: The De-Stress Zone

6:00-8:00pm
2 hour stress management class using diet, yoga and massage.

MT. ZION MISSIONARY BAPTIST CHURCH, GLENDALE
40 CORAL AVE.-CINCINNATI

Sponsored By:
The Waldrop Health and Youth Ministry
(513) 771-9135

April 7, 2016

WELL-CAMP

6:30-8:00pm
Provide hands-on training and to identify obesity triggers to avoid excessive caloric intake. Well-Camp will launch participants to prevention and understanding risks of chronic illnesses, cancer, stroke, and poor nutrition habits.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE
643 TROY ST.-SUITE A-DAYTON

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770

April 7, 2016

Oral Health Day-ASIA, INC.

9:00am-3:00pm
This event will raise awareness about Oral Health in the minority refugee populations in Summit County. There will be a distribution of toothbrushes, toothpaste, dental floss and various giveaways to promote healthy living. Oral health, oral prophylaxis and referrals will be offered to clients at no cost.

ASIAN SERVICES IN ACTION
730 CARROLL ST.-AKRON

***Sponsored by**::*
Summit County Combined District
(330) 926-5764

April 7, 2016

Family Health Fiesta

3:00-5:00pm
Health awareness and disease promotion events with screenings, healthy snack demonstrations, physical activities and knowledge sessions targeting Hispanic-Latino and African American families, but open to all.

WE CARE WE SHARE
1888 EAST 31 ST.-LORAIN

Sponsored By:
Lorain City Health Department
(440) 204-2311

April 8, 2016

Mi Salud

6:00-8:00pm
Mi Salud (My Health) Workshop will talk about health related to Latinos, specifically on domestic violence and healthy relationships.

LA GALERIA
1224 BROADWAY ST.-TOLEDO

Sponsored By:
Adelante Inc.
(419) 244-8440 Ext. 219

April 8, 2016

Alcohol, Tobacco, Other Drugs and Violence Awareness Event

4:30-6:00pm
Community for New Direction will facilitate an event that will educate 11 to 18 year olds on the harms and dangers of substance abuse and violence. Back up date April 15, 2016.

COMMUNITY FOR NEW DIRECTION
993 E. MAIN ST.-COLUMBUS

Sponsored by:
Community for New Direction
(614) 272-4164

April 8, 2016

Building Healthy Lives

7:00-10:00pm
Program to address healthy lifestyles, team building, healthy relationships, fitness, and nutrition.

CAMP CARL
8054 CALVIN RD.-RAVENNA

Sponsored by:
Community Outreach Positive Alternative Training (COPAT)
(330) 327-6554

April 8, 2016

"Some One Save My Life tonight:"

7:00pm
"Some One Save My Life Tonight:", a play based on the life of Sal Perez, Senior Pastor at Victory Outreach Tucson and nationally acclaimed recording artist. A talk back will follow on the principles of recovery, healing and spirituality..

COMMUNITY OF FAITH ASSEMBLY
5949 ENGEL RD.-CLEVELAND

Sponsored by:
Bureau of Drug Abuse
Cleveland Treatment Center, Inc.
(216) 861-4248

April 8, 2016

Kids Health Spectacular

4:30-6:30pm
This event will feature a dietitian demonstrating a kid-friendly meal preparation (each child will have his/her own food set-up station for personal hands-on meal preparation providing transference of knowledge of skills in action), activity stations with healthy eating games and interactive cardio exercises and a yoga demonstration.

CHAGRIN FALLS PARK COMMUNITY CENTER
7060 WOODLAND AVE.- CHAGRIN FALLS

Sponsored by:
Family & Community Services Inc.
(440) 247-6030

April 9, 2016

Passport to Wellness

10:30am-1:30pm
Health Fair, providing Screenings, Chair Exercise, Zumba Demonstration, Line Dancing, health information on Mental Health/ Substance Abuse, HIV/AIDS, Smoking Cessation, Healthy Diet and other health information.

WILLIAM E. SANDERS FAMILY LIFE CENTER
3949 LEE RD.-CLEVELAND

Sponsored By:
William E. Sanders Family Life Center
((216) 214-8794

April 9, 2016

Diabetic Cooking for a Healthier You

2:00-4:00pm
Chef Anthony Head will teach menu planning and cook for individuals with diabetes. Sample recipes provided with a list of healthy food substitutes. Educators will provide referrals to health services.

YWCA DAYTON AUDITORIUM
141 W. THIRD ST-DAYTON

Sponsored By:
YWCA Dayton
(937) 461-5550 ext. 131

April 9, 2016

Living Well With Diabetes

10:00am-1:00pm
This seminar will focus on a comprehensive approach to diabetes management. Participants will be able to identify the different types of diabetes, understand how to check their blood sugar, identify related complications, and learn how to create a meal plan. Participants will be provided a self-care workbook and other diabetic tools.

RADISSON AT THE UNIVERSITY OF TOLEDO
3100 GLENDALE AVE-TOLEDO

Sponsored By:
Bread of Life Feeding Center
(419) 646-8586

April 9, 2016

"Some One Save My Life Tonight"

1:00pm
A play based on the life of Sal Perez, Senior Pastor at Victory Outreach Tucson and nationally acclaimed recording artist. A talk back will follow on the principles of recovery, healing and spirituality.

CUYAHOGA COUNTY COURT OF COMMON PLEAS, JUVENILE DIVISION, JUVENILE JUSTICE CENTER
9300 QUINCY AVE.-CLEVELAND

7:00pm
CLEVELAND STATE UNIVERSITY—WAETJEN AUDITORIUM
2001 EUCLID AVE.-CLEVELAND

Sponsored By:
Bureau of Drug Abuse, Cleveland Treatment Center, Inc.
(216) 861-4246

April 9, 2016

"Healthy & Whole" Community Partners Training Workshop

9:00am-3:00pm
This event will be a one (1) day workshop for representatives from local minority churches and organizations to attend and receive training on minority health disparities. Workshop topics will include: Identifying & Addressing Minority Health Disparities; CPR & First Aid Training; Healthy Living: Diet & Exercise; Commitment to Health.

EASTERN GATEWAY COMMUNITY COLLEGE
4000 SUNSET BL.-STEUBENVILLE

Sponsored By:
Urban Mission Ministries
(740) 282-8010

April 9, 2016

Count Down to a Healthier You

9:00am-1:00pm
Questionnaire Surveys and blood pressure screenings will be performed, tenderly exercise classes, educational workshops on health and community resources and nutrition.

SAWYER MANOR COMMUNITY BUILDING
940 CALDWELL PL.-COLUMBUS

Sponsored By:
East Columbus Development Company
(614) 372-0884

April 9, 2016

Building Healthy Lives

9:00am-2:00pm
Program will address healthy lifestyles, team building, healthy relationships, fitness, and nutrition.

CAMP CARL
8054 CALVIN RD.-RAVENNA

Sponsored By:
Community Outreach Positive Alternative Training (COPAT)
(330) 327-6554

2016 MHM CALENDAR OF EVENTS: APRIL 9 - APRIL 13

April 9, 2016

Asian Health Day—Health Screening Event

6:30am-1:30pm
Health screening for blood pressure, cholesterol, and glucose (10 hour fasting required by participants). Heel scan for osteoporosis, BMII, and oral cancer/dental screening.

ALL NATIONS COMMUNITY CHURCH
5260 HILL AVE.-TOLEDO

Sponsored By:
Asian Resource Center
(419)297-7542

April 10, 2016

2016 Spring Health Fair

12:30-3:30pm
Event will include educational activities focused on health and wellness and disease prevention. Interactive activities will be in place for children to learn about hand washing, oral care, etc.

PRICE HILL RECREATION CENTER
959 HAWTHORNE AVE.-CINCINNATI

Sponsored By:
Santa Maria Community Services
(513) 557-2700 Ext. 207

April 11, 2016

Step Up to Diabetes

10:00am-2:00pm
Students will participate in a Diabetes prevention program through interactive learning activities about healthy food and exercise.

JOHN HAY HIGH SCHOOL
2075 STOKES BLVD.-CLEVELAND

Sponsored By:
University Hospitals Case Medical Center
(216) 970-9751

April 11, 2016

"Getting Your Health in Order" Initiative

6:00-8:00pm
Session 2: Food-Abundance not Deprivation. Participants will learn that eating well is not complicated, by learning to choose real foods and avoid processed products to experience the healing of good nutrition.

LIBERTY STREET APARTMENTS RESIDENT COUONCIL OFFICE
1550 LINN ST.,-CINCINNATI

Sponsored By:
The Union Foundation
(513) 981-0421

April 11,, 2016

Asian Health Day-Presentation on Pancreatic Cancer

12:30-1:30pm
Learn about the causes, symptoms, signs, prevention and treatment, by Dr. Kerri Ann Simo, MD Hepatobiliary and Pancreas Surgery, Pro Medica Physicians.

ASIAN SENIOR CENTER, HIGHLAND PARK SHELTER HOUSE
1865 FINCH ST.-TOLEDO

Sponsored By:
Asian Resource Center
(419) 297-7542

April 12, 2016

Listen Up..It's time to Talk Drug Prevention!

1:00-3:00pm
Mercy will offer a culturally and age appropriate, interactive education session to urban, public middle school students. The program will address substance abuse awareness and intervention resources.

MERCY AUDITORIUM IN MERCH HALL , MERCY MEDICAL CENTER
1320 MERCY DR.NW.-CANTON

Sponsored By:
Mercy Medical Center
(330) 430-6986

April 12, 2016

Step Up to Diabetes

10:00am-2:00pm
Students will participate in a Diabetes prevention program through interactive learning activities about healthy food and exercise.

CLEVELAND CENTRAL HIGH SCHOOL
6550 BAXTER AVE.-CLEVELAND

Sponsored By:
University Hospitals Case Medical Center
(216) 970-9715

April 13, 2016

Stress Management: the De-Stress Zone

6:00-8:00pm
A 2 hour stress management class using diet, yoga and massage..

MT ZION MISSIONARY BAPTIST CHURCH, GLENDALE
40 CORAL AVE.-CINCINNATI

Sponsored By:
The Waldrop Health and Youth Ministry
(513) 771-9135

April 13, 2016

Breast Health Education Outreach

8:00am-3:30pm
The YWCA Breast Health Program will provide two day education workshops on topics related to teens. These workshops will be offered to two area high schools with a predominately minority student base.

WINTON WOODS HIGH SCHOOL
1231 KEMPER RD.-CINCINNATI

Sponsored By:
YWCA of Greater Cincinnati
(513) 361-2157

April 13, 2016

Gus Johnson Community Foundation Health & Wellness Fair

7:00-9:00pm
This will be a community education event that will include health screenings, health related information, a healthy cooking demonstration and a CPR class for participants where they will be certified when they leave.

THE GUS JOHNSON COMMUNITY CENTER
1015 S. HAWKINS-AKRON

Sponsored By:
The Gus Johnson Community Foundation
(330) 836-8067

April 13, 2016

Family Wellness Carnival

4:00-7:00pm
A fun, festive carnival atmosphere, interactive family event with activities that highlight how small daily changes make a big impact on improving overall health. Aerobic activities, informational health booths and more.

WILLIAM PATRICK DAY CENTER
2421 COMMUNITY COLLEGE AVE.
CLEVELAND

Sponsored By:
Council for Economic Opportunities in Greater Cleveland
(216) 696-9077 ext. 251

April 13, 2016

Alcohol, Tobacco, Other Drugs and Violence Awareness Event

4:30-6:00pm
Community for New Direction will facilitate an event that will educate 11 to 18 year olds on the harms and dangers of substance abuse and violence.

COMMUNITY FOR NEW DIRECTION
993 E. MAIN ST.-COLUMBUS

Sponsored By:
Community for New Direction
(614) 272-1464

April 13, 2016

Diagnosis and Treatment of Mental Health Issues in the Senior Community

4:00-6:30pm
This event will be a forum including a lecture and discussion related to mental illness in the senior population. The presenter will be a Geriatric Psychiatrist.

ZION BAPTIST CHURCH
630 GLENWOOD AVE.-CINCINNATI

Sponsored By:
Zion Baptist Church
(513) 751-8608

April 13, 2016

Your Colon Health Matters

9:00am-12:00pm
Participants will receive education on the symptoms, risk factors, prevention, early detection and screening of colorectal cancer. Qualified participants will receive a home screening kit for colorectal cancer.

MAYJORES SENIOR CENTER
2 AURORA GONZALEZ RD.-TOLEDO

Sponsored By:
Lucas County Colorectal Cancer Coalition
(419) 407-1187

April 14, 2016

Healthier Food, Healthier Families: Promoting Nutrition Access and Healthy Living Among Latinos:

2:30-5:30pm
The workshop will address the problem of obesity as a cause of many diseases among Latinos and how to improve nutrition by educating families to make informed decisions regarding healthy eating and physical activity.

SPANISH AMERICAN COMMITTEE
4407 LORAIN AVE.-CLEVELAND

Sponsored By:
Spanish American Committee
(216) 961-2100

April 14, 2016

Step Up to Diabetes

10:00am-2:00pm
Students will participate in a Diabetes prevention program through interactive learning activities about healthy food and exercise.

SHAKER HEIGHTS HIGH SCHOOL
15911 ALDERSYDE DR.-CLEVELAND

Sponsored By:
University Hospitals Case Medical Center
(216) 970-9751

April 14, 2016

WinMed Safe Sleep Community Baby Shower

3:00-5:00pm
WinMed Health Services will share locally produced Safe Sleep Videos and facilitated discussion during a Community Baby Shower on April 14, 2016 and reach 25 or more community residents.

WINMED-CITY WEST HEALTH CENTER
1019 LINN ST.-CINCINNATI

Sponsored By:
Winton Hills Medical and Health Center
(513) 242-1033

April 14, 2016

Minority Health Conference -A Look at Substance Abuse and Violence

8:30am-9:00am Registration
9:00am-3:30pm Program
In this conference we will examine Substance Abuse and how often it is accompanied by violence. Noted area speakers in the fields of Drug and Alcohol and Violence will facilitate.

TABERNACLE BAPTIST CHURCH
707 ARLINGTON ST.-YOUNGSTOWN

Sponsored By:
Youngstown Office on Minority Health
(330) 743-3333 ext. 238

April 14, 2016

We Tai Chi Open House

1:00-2:30pm
Residents of the Toledo central city will be invited to see tai chi demonstrations, experience mini-classes, receive information on the health benefits of tai chi , and receive invitations to free 12-week classes.

MONROE STREET NEIGHBORHOOD CENTER
3613 MONROE ST.-TOLEDO

Sponsored By:
Monroe Street Neighborhood Center
(419) 473-1167

April 15, 2016

Built to Win

5:00-7:00pm
Families participate in a hands-on smoothie/ juicing workshop where they will learn recipes and benefits of healthy beverages and ways to reduce the risk of diabetes.

BOYS & GIRLS CLUB OF DAYTON
1828 W. STEWART ST.-DAYTON

Sponsored By:
Boys & Girls Club of Dayton
(937) 262-8377

April 15, 2016

Ross County CAC Health Fair

10:00am-2:00pm
Ross County CAC will host a Health Fair to celebrate Minority Health Month and promote healthier lifestyles through free health screenings, physician referrals and prevention education to all in attendance.

CHILLICOTHE AND ROSS COUNTY PUBLIC LIBRARY ANNEX
140-146 S. PAINT ST.-CHILLICOTHE

Sponsored By:
Ross County CAC
(740) 702-7222

April 15, 2016

Heart Healthy Eating

5:30-8:00pm
A speakers forum that focuses on mitigating chronic illnesses by promoting lifestyle changes through healthy eating. Information provided that focuses on nutrition, understanding labels on foods and healthy food preparation.

HARVARD COMMUNITY SERVICES CENTER
18240 HARVARD AVE.-CLEVELAND

Sponsored By:
Harvard Community Services Center
(216) 991-8585

April 15, 2016

Healthy Mom Healthy Baby Shower

10:00am-2:00pm
The Healthy Mom Healthy Baby Shower will include demonstrations and activities related to safe and healthy pregnancies and infant care, including prenatal care, nutrition, safe sleep and substance use.

MERCY ST. VINCENT MEDICAL CENTER AUDITORIUM
2213 CHERRY ST.-TOLEDO

Sponsored By:
Mercy Health
(419) 251-2451

April 15, 2016

Healthier Food, Healthier Families: Promoting Nutrition Access and Healthy Living Among Latinos

5:30-8:30pm
The workshop will address the problem of obesity as a cause of many diseases among Latinos and how to improve nutrition by educating families to make informed decisions regarding healthy eating and physical activity.

OCCHA
3660 SHIRLEY RD.-YOUNGSTOWN

Sponsored By:
Organizacion Civica Y Cultural Hispana Americana (OCCHA)
(330) 781-1808

April 15, 2016

Built to Win

Noon-4:00pm
Families participate in fun obstacle courses as a demonstration of simple ways to exercise while having fun. Participants receive a take-home pedometer to track their daily fitness activity.

BOYS & GIRLS CLUB OF DAYTON
1828 W. STEWART ST.-DAYTON

Sponsored By:
Boys & Girls Club of Dayton
(937) 262-8377

April 16, 2016

Minority Health Workshops and Forums

1:30pm
The Office of Minority Health at Columbus Public Health workshops and forums are designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well being.

COLUMBUS PUBLIC HEALTH
240 PARSONS AVE.-COLUMBUS

Sponsored By:
Office of Minority Health at Columbus Public Health
(614) 645-7335

(937) 275-3770

April 16, 2016

Minority Health Month Health Summit

10:00am-3:00pm
This event will feature presentations for youth and adults to promote healthy lifestyles. Crucial information will be provided to all parents, care givers, and surrounding community at large to allow everyone to practice disease prevention. Also, will allow the Local Office of Minority Health to collaborate with other local community resources.

ROBINSON ELEMENTAQRY SCHOOL
1075 HORACE ST.-TOLEDO

Sponsored By:
Lucas County Regional Health District
(419) 213-4095

April 16, 2016

Count Down to a Healthier You

9:00am-1:00pm
Surveys and Health Screenings preformed, tenderly exercise classes, educational workshops on health and community resources and nutrition.

SAWYER MANOR COMMUNITY BUILDING
940 CALDWELL PL.-COLUMBUS

Sponsored By:
East Columbus Development Company
(614) 372-0884

April 16, 2016

A Celebration of Heritage and Life

12:00pm-4:00pm
A celebration of Heritage and Life through the smells, tastes and sounds of culture.

J. GLENN SMITH HEALTH CENTER
11100 ST. CLAIR AVE.-CLEVELAND

Sponsored By:
Cleveland Department of Public Health
(216) 664-4176

April 16, 2016

Annual Men's Health Breakfast

9:00am-12:00pm
This event will encourage healthier eating habits amongst minority males and address various health disparities affecting minority males. The theme for this event will be, "Real Men Take Care of Their Health", focusing on Doctors' Visits (scheduling and keeping appointments), and Timely Preventative Care (Flu Shots, Colonoscopies, Prostate Screenings). A panel of local health care professionals will facilitate a "Q&A" portion of the breakfast, and health information will be provided for participants to take home.

MT. CARMEL COMMUNITY BAPTIST CHURCH
708 N 5TH ST.-STEUBENVILLE

Sponsored By:
Urban Mission Ministries
(740) 282-8010

April 16, 2016

Gardening to Health

9:00am-3:00pm
Connecting healthy living and gardening. Will include presentation on nutrition, vegetarian food demo, an interactive fitness demo, and blood pressure, BMI. body fat% and mammogram screenings.

SOUTH EUCLIDE COMMUNITY CENTER
1370 VICTORY DR.-SOUTH EUCLID

Sponsored By:
Asian Services in Action, Inc.
(216) 881-0330 Ext. 8813

April 16, 2016

'MEGA' CARDIOFEST 2016

Registration Starts 7:30am
Cardiofest Activities: 8:00am-12:00pm
Speakers: 12:30-1:30pm
What is Mega Cardiofest 2016? Festive cardiovascular activities, indoors, outdoors, breakout sessions, over 10 informational booths, screenings on wellness issues (cancer, obesity, heart disease, finances, body image, family violence, and diabetes).

ABUNDANT SEASON ANOINTED MINISTRIES INTERNATIONAL
(INDOOR/OUTDOOR EVENT)
643 TROY ST.-DAYTON

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770

April 16, 2016

Built To Win

12:00pm-4:00pm
Families participate in fun obstacle courses as a demonstration of simple ways to exercise while having fun. Participants receive a take home pedometer to track their daily fitness activity.

BOYS 7 GIRLS CLUB OF DAYTON
1828 W. STEWART ST.-DAYTON

***Sponsored By**:*
Boys & Girls Club of Dayton
(937)262-8377

April 16, 2016

My Baby and Me

11:00am-2:00pm
This event will raise awareness and provide mental health resources for women at risk for postpartum depression. Goals include raising awareness about postpartum depression among African American women (prevention), providing the option of completing a postpartum depression screening measure (assessment) and if necessary, making referrals to local women's centers and mental health agencies(intervention).

MT. CALVARY BAPTIST CHURCH
3375 W. SIEBENTHALER AVE.
DAYTON

Sponsored By:
Wright State University
(937) 775-4338

April 18, 2016

Step Up to Diabetes

10:00am-2:00pm
Students will participate in a Diabetes prevention program through interactive learning activities about healthy food and exercise.

JOHN HAY HIGH SCHOOL
2075 STOKES BLVD.-CLEVELAND

Sponsored By:
University Hospitals Case Medical Center
(216) 970-9751

April 18, 2016

"Getting Your Health in Order" Initiative

6:00-8:00pm
Session 3: Fitness-Strengthening Your Body. Participants will talk not just about the benefits of exercise but about how to get motivated and find movement they enjoy.

LIBERTY STREET APARTMENT RESIDENT COUNCIL OFFICE
1550 LINN ST.-CINCINNATI

Sponsored By:
The Union Foundation
(513) 981-0421

2016 MHM CALENDAR OF EVENTS: APRIL 18 - APRIL 20

April 18, 2016

Fitness & Nutrition on Go

6:00-8:00pm
The event will feature a dietitian who will host a discussion about nutrition (each adult will have his/her own food set-up station for personal hands-on meal preparation providing transference of knowledge of skills in action), and its relation to diseases, and then perform a hands on meal preparation. Fitness workshops (yoga, easy cardio exercises) will follow.

CHAGRIN FALLS PARK COMMUNITY CENTER
7060 WOODLAND AVE.-CHARGIN FALLS

Sponsored By:
Family & Community Services, Inc.
(440) 247-6030

April 19, 2016

Step Up to Diabetes

10:00am-2:00pm
Students will participate in a Diabetes prevention program through interactive learning activities about healthy food and exercise. .

CLEVELAND CENTRAL HIGH SCHOOL
6550 BAXTER AVE.-CLEVELAND

Sponsored By:
University Hospitals Case Medical Center
(216) 970-9751

April 19, 2016

Women's Free Mammogram & Pap Test

4:00-6:00pm
This event will serve as the second annual free mammogram and pap test screening for minority women. Two to four doctors will provide physical exams and refer or provide follow up services for participants who require it. This event will target minority women ages 40-74.

FOURTH STREET HEALTH CENTER
1 ROSS PARK, SUITE 202
STEUBENVILLE

Sponsored By:
Urban Mission Ministries
(740) 282-8010

April 19, 2016

Men's Free Prostate Screening

4:00-6:00pm
This is an annual event that is free to minority men. Two to four doctors will administer physical exams and refer or provide follow-up services for participants. This event will target minority men ages 40-up.

TONY TERAMANA CENTER
3204 JOHNSON RD.-STEUBENVILLE

Sponsored By:
Urban Mission Ministries
(740) 282-8010

April 19, 2016

Organ Donor Registration

7:00am-4:00pm
This event will raise awareness about organ donor registration in the minority community. Free bus passes will be offered to new registrants or current registered organ donors. Individuals must show organ donor heart on state ID or drivers license to obtain free bus pass.

METRO TRANSIT CENTER
631 S. BROADWAY ST.-AKRON

Sponsored By:
Summit County Combined Health District
(330) 926-5764

April 19, 2016

MS and the African American Community

1:00-3:30pm
A seminar on understanding, coping and living with the diagnosis of MS..

HITCHCOCK AUDITORIUM
RENAISSANCE PLACE
345 OAKHILL AVE.-YOUNGSTOWN

Sponsored By:
Youngstown Office on Minority Health
(330) 743-3333 Ext. 238

April 20, 2016

Healthy Neighbors Awareness Day

10:00am-2:00pm
Physicians will present short presentations on health topics. Cooking demonstrations will reinforce healthy eating messages and provide samples for participants to enjoy. Free health screenings will be conducted.

MERCY SENIOR WELLNESS CENTER
545 INDIANA AVE.-TOLEDO

Sponsored By:
Mercy Health
(419) 251-2153

April 20, 2016

Bone Marrow Registration

7:00am-4:00pm
This event will raise awareness about bone marrow registration and increase bone marrow registrants in the minority community. Free bus passes will be offered to new registrants.

METRO TRANSIT CENTER
631 S. BROADWAY ST.-AKRON

Sponsored By:
Summit County Combined Health District
(330) 926-5764

April 20, 2016

Your Colon Health Matters

9:00am-12:00pm
Participants will receive education on the symptoms, risk factors, prevention, early detection and screening of colorectal cancer. Qualified participants will receive a home screening kit for colorectal cancer.

MERCY SENIOR WELLNESS CENTER
545 INDIANA AVE.-TOLEDO

Sponsored By:
Lucas County Colorectal Cancer Coalition
(419) 407-1187

2016 MHM CALENDAR OF EVENTS: APRIL 21 - APRIL 23

April 21, 2016

Children's Health Awareness Day

1:30-3:30pm
Event will include educational activities focused on health and wellness and disease prevention. Interactive activities will be in place for children to learn about hand washing, oral care, etc.

ACADEMY OF MULTICULTURAL IMMERSION STUDIES
1908 SEYMOUR AVE.-CINCINNATI

Sponsored By:
Santa Maria Community Services
(513) 557-2700 Ext. 207

April 21, 2016

Step Up to Diabetes

10:00am-2:00pm
Students will participate in a Diabetes prevention program through interactive learning activities about healthy food and exercise.

SHAKER HEIGHTS HIGH SCHOOL
15911 ALDERSYDE DR.-CLEVELAND

Sponsored By:
University Hospitals Case Medical Center
(216) 970-9751

April 21, 2016

For Babies Sake, Let's Get Together

9:00-11:00am
An educational session regarding infant safe sleep practices, providing community residents with knowledge and skills to safeguard infant lives.

TRAIN UP A CHILD DAY CARE AND FAMILY CENTER
910 W. MADISON ST.-SANDUSKY

Sponsored By:
Erie County Health Department
(419) 626-5623 Ext. 185

April 21, 2016

Introduction to Fitness Training

6:30-8:00pm
This seminar will teach attendees about the proper "do's and don'ts" of physical activity; and the latest research regarding exercise prescribed as complimentary medicine to various chronic illnesses.

AMERCAN FITNESS HEALTH & WELLNESS INSTITUTE
643 TROY ST., SUITE A-DAYTON

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770

April 22, 2016

Celebrity Chef Cook Off

5:30-8:00pm
Celebrity Chefs prepare foods we love to eat cooked in a healthier way during the forum. Samples of food prepared will be given to participants with recipes and preparation tips.

HARVARD COMMUNITY SERVICES CENTER
18240 HARVARD AVE.-CLEVELAND

Sponsored By:
Harvard Community Services Center
(216) 991-8585

April 22, 2016

"Some One Save My Life Tonight"

2:00pm
A play based on the life of Sal Perez, Senior Pastor at victory Outreach Tucson and nationally acclaimed recording artist. A talk back will follow on the principles of recovery, healing and spirituality.

CUYAHOGA COUNTY COURT OF COMMON PLEAS
9300 QUINCY AVE.-CLEVELAND

7:00pm
COMMUNITY OF FAITH ASSEMBLY
5949 ENGEL RD.-CLEVELAND

Sponsored By:
Bureau of Drug Abuse, Cleveland Treatment Center
(216) 861-4248

April 23, 2016

My Baby and Me

11:00am-2:00pm
Wright State University propose to partner with local faith communities to raise awareness and provide mental health resources for women at risk for postpartum depression. Goals include raising awareness about postpartum depression among African American women (prevention), providing the option of completing a postpartum depression screening measure (assessment), and if necessary, making referrals to local women's centers and mental health agencies (intervention).

MT. CALVARY BAPTIST CHURCH
3375 W. SIEBENTHALER AVE. DAYTON

Wright State University
(937) 775-4338

April 23, 2016

Line Dance to Future Health

1:00pm-4:00pm
Participants will learn to line dance. Community partners will connect participants to area activities. Materials on exercises, healthy living, and diabetes management will be available.

YWCA DAYTON AUDITORIUM
141 W. THIRD ST.-DAYTON

Sponsored By:
YWCA DAYTON
(937) 481-5550 Ext 131

Sponsored By:
Asian American Community Services
(614) 220-4023 Ext. 224

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April 23, 2016

"Some One Save My Life Tonight"

A play based on the life of Sal Perez, Senior Pastor at victory Outreach Tucson and nationally acclaimed recording artist. A talk back will follow on the principles of recovery, healing and spirituality. A Public Awareness event will disseminate information on Cancer, Diabetes, Cardiovascular Diseases (primarily Hypertension), Infant Mortality, Substance Abuse, and Violence.

THE BREEN CENTER FOR THE PERFORMING ARTS
2800 LORAIN AVE.-CLEVELAND

Sponsored By:
Bureau of Drug Abuse, Cleveland Treatment Center, Inc.
(216) 861-4246

April 23, 2016

Understanding Sudden Infant Death Syndrome (SIDS)

10:00am-12:00pm
To increase the knowledge and awareness of Sudden Infant Death Syndrome
(SIDS) . Although, prevalence of SIDS is low in Asian Community. We proposing it could be because it goes unr4eported due to lack of awareness. The workshop will also focus on strategies for preventing SIDS.

TREE OF LIFE CONFERENCE CENTER
5000 ARLINGTON CENTRE BLVD
COLUMBUS

Sponsored By:
Asian American Community Services
(614) 220-4023 Ext. 224

April 23, 2016

Health Fair/Prevention of Coronary Disease and Awareness of Diabetes

Screening Tests: 9:00am-12:00pm
Screening Blood tests, blood pressure measurement, Q & A session with consulting physicians and medical lecture by Dr. Soon Park regarding Coronary surgery.

KOREAN CNETRAL PREBYTERIAN CHURCH
8220 BRECKSVILLE RD.-BRECKSVILLE

Sponsored By:
Korean Central Presbyterian Church
(419) 202-0335

April 24, 2016

Health Fair/Prevention of Coronary Disease and Awareness of Diabetes

1:30-3:00pm
Blood test screening, blood pressure measurement and Q/A session with consulting physicians.

KOREAN CENTRAL PRESBYTERIAN CHURCH
8220 BRECKSVILLE RD.
BRECKSVILLE

Sponsored By:
Korean Central Presbyterian Church
(419) 202-0335

April 25, 2016

"Getting Your Health In Order" Initiative
6:00-8:00pm
Session 4: Focus and Friends-Renewal and Encouragement. Participants will be offered specific steps to improve their focus-the key to long-term sustainable change.

LIBERTY STREET APARTMENT RESIDENT COUNCIL OFFICE
1550 LINN ST.-CINCINNATI

Sponsored By:
The Union Foundation
(513) 981-0421

April 26, 2016

Senior Health Fair

2:00-4:00pm

Information tables from local health agencies will be on site to provide participants with health information and materials. Blood Pressure screenings will be provided for free, along with door prizes, healthy food samples, and entertainment. This event will target minority seniors ages 65 and up.

GAYLORD TOWERS
707 MARKET ST.-STEUBENVILLE

Sponsored By:
Urban Mission Ministries

April 27, 2016

Health Senior Expo

8:00am-12:00pm
Educate seniors on pertinent health issues amongst seniors in racial;/ethnic minority Communities. This event will include food demonstrations to promote healthy eating in minority communities and simple gardening for their meals. Health and fitness lectures will be provided throughout the day of the event.

UNIVERSITY PARK YMCA
447E. MARKET ST.-AKRON

Sponsored By:
Summit County Combined Health District
(330) 926-5764

April 27, 2016

Family Wellness Carnival

4:00-7:00pm
A fun, festive carnival atmosphere, interactive family event with activities that highlight how small daily changes make a big impact on improving overall health. Aerobic activities, informational health booths and MORE.

WILLARD HEAD START CENTER
2220 WEST 95TH ST.-CLEVELAND

Sponsored By:
Council for Economic Opportunities in Greater Cleveland
(216) 696-9077

April 27, 2016

Breast Health Education Outreach

8:00am-3:30pm
The YWCA Breast Health Program will provide two day education workshops on topics related to teens. These workshops will be offered to two area high schools which have a predominately minority student base.

WINTHROW INTERNATIONAL HIGH SCHOOL
2488 MADISON RD.-CINCINNATI

Sponsored By:
YWCA Of Greater Cincinnati
(513) 361-2157

2016 MHM CALENDAR OF EVENTS: APRIL 27 - APRIL 30

April 27, 2016

Healthy Children, Healthy Life

6:00-8:00pm
Chef Anthony Head will demonstrate to parents how to prepare healthy meals for their children and teach them proper nutrition. Food samples will be shared with recipes and informational handouts.

YWCA DAYTON-AUDITORIUM
141 W. THIRD ST.-DAYTON

Sponsored By:
YWCA DAYTON
(937) 461-5550 Ext. 131

April 28, 2016

Family Health Fiesta
3:00-5:00pm
Health awareness and disease promotion event with screenings, healthy snack demonstrations, physical activities and knowledge sessions targeting Hispanic-Latino and African American families, but open to all.

WE CARE WE SHARE
1888 E. 31ST ST.-LORAIN

Sponsored By:
Lorain City Health Department
(440) 204-2311

April 28, 2016

Centering Women's Health Power Shower

10:00am –12:00pm
3:00pm-5:00pm
A community education and resource session to emphasize that good preconception health leads to decreased risks for infant mortality. Stress Reduction and Fitness included.

WINMED-CITY WEST HEALTH CENTER
1019 LINN ST.-CINCINNATI

Sponsored By:
Winton Hill Medical and Health Center
(513) 233-7100

April 28, 2016

Listen Up..It's Time to Talk Drug Prevention

1:00-3:00pm
Mercy will offer a culturally and age appropriate, interactive education session to urban, parochial, middle school students. The program will address substance abuse awareness and intervention resources.

MERCY AUDITORIUM, MERCY HALL
MERCY MEDICAL CENTER
1320 MERCY DR.NW-CANTON

Sponsored By:
Mercy Medical Center
(330) 430-6986

April 29, 2016

Mi Salud

6:00-8:00pm
Mi Salud (My Health) workshop will talk about health related to Latinos specifically on diabetes and high cholesterol.

MAYORES SENIOR CENTER
2 AURORA L. GONZALEZ-TOLEDO

Sponsored By:
Adelante Inc.
(419) 2544-8440 Ext. 219

April 30, 2016

Community Health Walk

10:00am-12:00pm
Annual Community Health Walk, 2 mile track in the park. There will be healthy information regarding exercise and diet. We will provide water bottles and pedometers to participants.

METRO PARKS,
GARFIELD RESERVATIONS
11350 BROADWAY-GARFIELD HEIGHTS

Sponsored By:
William E. Sanders Family Life Center
(216) 214-8794

April 30, 2016

Living Well With Diabetes

10:00am-1:00pm
This seminar will focus on a comprehensive approach to diabetes management. Participants will be able to identify the different types of diabetes, understand how to check their blood sugar, identify related complications, and learn how to create a meal plan. All participants will be provided with a self-care workbook and other diabetic tools.

RADISSON AT THE UNIVERSITY OF TOLEDO
3100 GLENDALE AVE.-TOLEDO

Sponsored By:
Bread of Life Feeding Center
(419) 646-8586

April 30, 2016

Home Cooking and Eating Right

10:00am-3:00pm
Will include presentation on benefits of healthy home cooking, a cooking demo, interactive fitness demo, and screenings for blood pressure, BMI and body fat%.

ASIA TOWN CENTER
3820 SUPERIOR AVE.-CLEVELAND

Sponsored By:
Asian Service in Action. Inc.
(216) 881-0330 Ext. 8813

April 30, 2016

Acknowledgment and Treatment of Mental Health Issues

9:00am-2:30pm
This event will be a mini workshop to inform participants of the importance of recognizing and treatment of mental illness, especially depression related to grief and its' effects on the community.

ZION BAPTIST CHURCH
630 GLENWOOD AVE.-CINCINNATI

Sponsored By:
Zion Baptist Church
(513) 751-8608

April 30, 2016

Children & Youth Health Fair

10:00am-3:00pm

This event will target children and youth ages 1-17. Local pediatric and health agencies will be on site to provide parents and children with health information and materials. Children and Youth will be able to participate in fun health related activities and sample healthy foods. The focus of this health fair will be Michelle Obama's "Let's Move" initiative.

STEUBENVILLE YWCA'320 NORTH 4TH ST.-STEUBENVILLE

Sponsored By:
Urban Mission Ministries
(740) 282-8010

April 30, 2016

Minority Health Workshops and Forums

10:00am
The Office of Minority Health at Columbus Public Health, workshops and forums are designed to engage the community in dialogue about their understanding of the importance of taking personal responsibility for their health and well being.

COLUMBUS PUBLIC HEALTH
240 PARSONS AVE.-COLUMBUS

Sponsored By:
Office of Minority Health at Columbus Public Health
(614) 645-7335

April 30, 2016

My Beautiful Baby Stroll In

10:00am-2:00pm
A community forum to share information about infant mortality and maternal health, and provide free health screenings and information about community resou4rces and health services.

DAKOTA CENTER
33 BARNETT ST.-DAYTON

Sponsored By:
Public Health Dayton& Montgomery County
(937) 2235-4962

April 30, 2016

Healthy Living Seminar

11:30am-2:00pm
Three speaker on topics: Healthy Eating; Healthy Mind (Thinking) and Health Relationship. Dental Hygiene with Dr. Jackman of Ravenna Dental.

COMMUNITY OUTREACH POSTIVE ALTERNATIVE TRAINING (COPAT)
241 JEFFERSON ST-RAVENNA

Sponsored By:
Community Outreach Positive Alternative Training
(330) 327-6554

April 30, 2016

Understanding Liver Cancer and Other Cancer Disparities
10:00am-12:00pm
To increase the knowledge and awareness of liver cancer and other cancer disparities in the community, we will have a panel discussion inviting national and local speakers. The workshop will also share the resources about the issue with participants.

TREE OF LIFE CONFERENCE CENTER
5000 ARLINGTON CENTRE BLVD. COLUMBUS

Sponsored By:
Asian American Community Services
(614) 220-4023 Ext. 224

April 30, 2016

We Tai Chi: Toledo-Lucas County

1:00-2:30pm
This event will include tai chi demonstrations, mini-classes, music, raffles and free tai chi class sign-ups to commemorate Minority Health Month and World Tai Chi Day in Toledo's central city.

MONROE STREET NEIGHBORHOOD CENTER
3613 MONROE ST.-TOLEDO

Sponsored By:
Monroe Street Neighborhood Center
(419) 473-1167

April 30, 2016

Celebrate Baby's 1st

12:00-3:00pm
A celebration of the first year of life for babies born in 2015! Games, gifts and plenty of resources for mom and baby.

ARLINGTON HEIGHTS RECREATIONAL CENTER
810 OTIS ST.-YOUNGSTOWN

Sponsored By:
Youngstown Office on Minority Health
(330) 743-3333 Ext. 238

April 30, 2016

A Celebration of Heritage and Life

12:00-4:00pm
A celebration of Heritage and Life through the smells, tastes and sounds of culture.

THOMAS F. MCCAFFERTY HEALTH CENTER
4242 LORAIN AVE.-CLEVELAND

Sponsored By:
Cleveland Department of Public Health
(216) 664-4176

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the telephone number listed for verification of events.

Local Offices of Minority Health

Akron
Summit County Office of Minority Health
Summit County Health District
1867 West Market St.
Akron, Ohio 44313

Monique Harris, Director
330-926-5764

Cleveland
Cleveland Office of Minority Health
Cleveland Department of Public Health
75 Erieview Plaza
Cleveland, Ohio 44114

Frances Mills, Director
216-664-4369

Columbus
Columbus Office of Minority Health
Columbus Public Health
240 Parsons Ave
Columbus, Ohio 43215

Ryan E. Johnson, MPH
Program Director
614-645-7335

Dayton
Dayton Council on Health Equity
Public Health-Dayton & Montgomery County
117 South Main Street
Dayton, Ohio 45422

Cheryl C. Scroggins
Community Coordinator for Health Equity
937-225-4962

Toledo
Toledo Lucas County Commission
on Minority Health
Toledo-Lucas County Health Department
635 North Erie Street
Toledo, Ohio 43604

Barbara Gunning
419-213-2882

Youngstown
Youngstown Office of Minority Health
Youngstown City Health District
345 Oak Hill Avenue, Suite 200
Youngstown, Ohio 44502

Leigh Greene Colvin, Director
330-743-3333 ext. 238

2016 Minority Health Month National theme:

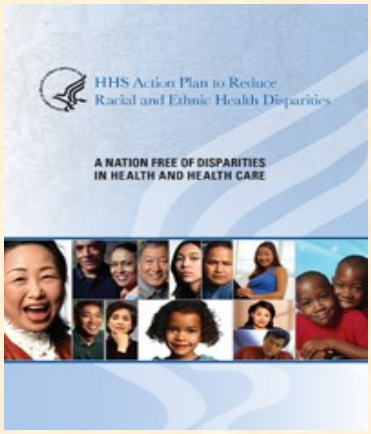
Accelerating health equity for the nation

A Statewide call to action to:

Practice the activities and programs that arose from the

United States Health Department of Health and Human Services Action Plan to reduce Racial and Ethnic Disparities

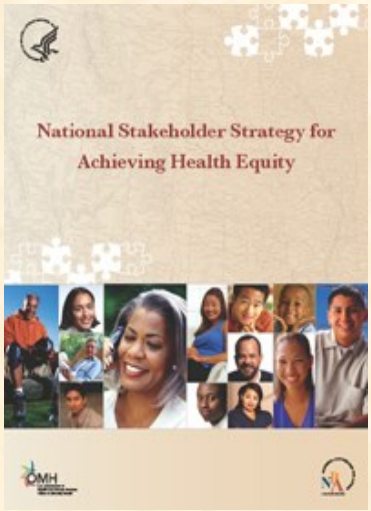
http://minorityhealth.hhs.gov/npa/files/Plans/HHS/HHS_Plan_complete.pdf



And the

National Stakeholders Strategy for Achieving Health Equity

http://dhhs.ne.gov/publichealth/documents/National%20Stakeholder%20Strategy.pdf

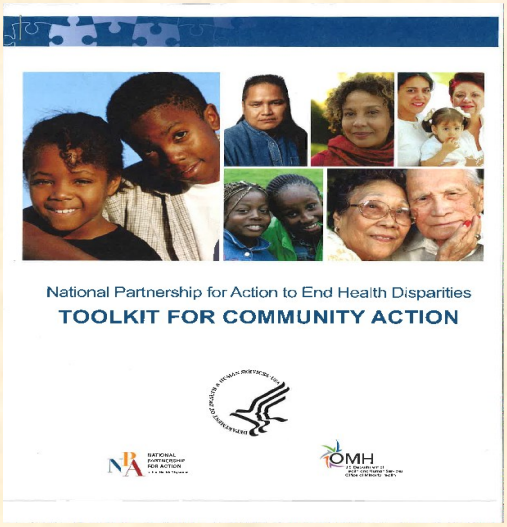


A Statewide call to action to:

Practice the activities and programs that arose from the

http://minorityhealth.hhs.gov/npa/files/Plans/Toolkit/NPA_Toolkit.pdf

National Partnership for Action: Toolkit for Community Action



And the
Ohio Health Disparities Collaborative

http://www.ohiohealthdisparitiescollaborative.org

The 2016 Minority Health Calendar of Events was made possible through hours of timeless work from our distinguished grantees.
We thank you so much.

Adelante, Inc.
American Fitness Health & Wellness Institute
Asian American Community Services
Asian Resource Center
Asian Services in Action, Inc.
Boys & Girls Club of Dayton
Bread of Life Feeding Center
Bureau of Drug Abuse, Cleveland Treatment Center
Cleveland Department of Public Health
Columbus Public Health
Community for New Direction
Community Outreach Positive Alternative Training
Council for Economic Opportunity in Greater Cleveland
East Columbus Development Company
Erie County Health Department
Family and Community Services, Inc.
Gus Johnson Community Foundation
Harvard Community Services Center
Korean Central Presbyterian Church
Lorain City Health Department
Lucas County Colorectal Cancer Coalition
Lucas County Regional Health District
Making a Difference, Inc.
Mercy Health
Mercy Medical Center
Monroe Street Neighborhood Center
Ohio Commission on Hispanic/Latino Affairs
Public Health – Dayton & Montgomery County
Ross County Community Action Commission, Inc.
Santa Maria Community Services
Summit County Combined General Health District
The Union Foundation
The Waldrop Health and Youth Ministry
University Hospitals Case Medical Center
Urban Mission Ministries / NCDC
William E Sanders Family Life Center
Winton Hills Medical Center
Wright State University
YWCA of Dayton
YWCA of Greater Cincinnati
Youngstown City Health District
Zion Baptist Church

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Cora Munoz, PhD, RN, Vice Chair, Worthington
Bhagwan Satiani, MD, MBA, FACS, FACHE, Secretary, Columbus
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Deena Chisolm, PhD, Columbus
Timothy Barrerio J., DO, FCCP, FACOI, FACP, Youngstown
Cynthia Dungey, Director, Ohio Department of Job & Family Services
Richard Hodges, Director, Ohio Department of Health
William Hicks, M.D., Columbus
Mark Law, MD, Newark
John Martin, Director, Ohio Department of Developmental Disabilities
John McCarthy, Director, Ohio Department of Medicaid
Charles Modlin, MD, Cleveland
Tracy Plouck, Director, Ohio Mental Health and Addiction Services
Richard Ross, Superintendent, Ohio Department of Education
Cherie Richey , A., M.D. FACOG, Columbus
State Senator Cecil Thomas, Cincinnati
State Representative Robert Sprague, Findlay

Department Liaisons:

Johnnie "Chip" Allen, MPH
Ohio Department of Health

Tiffany Richman
Ohio Department of Jobs and Family Services

Jamoya Cox, BA and
Mary Miller
Ohio Department of Mental Health and Addiction Services

Tamara Hairston and
Moseneice Thomas
Ohio Department of Developmental Disabilities

Jill Jackson
Ohio Department of Education

Traci Bell-Thomas
Ohio Department of Medicaid

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Executive Director

Reina Sims, MSA
Program Manager

Venita O'Bannon
Fiscal Specialist

Amy Kaufholz
Program Specialist

Rosalyn Foster
Executive Assistant

Interns:

Meredith Ballinger
Senior - The Ohio State University

Alexandria Wallace
Senior - Kent State University

The Ohio Commission on Minority Health

Good Health Begins With You! ®

77 S. High Street, 18th Floor
Columbus, Ohio 43215
Telephone: (614) 466-4000
Fax: (614) 752-9049
Website: www.mih.ohio.gov
Email: minhealth@mih.ohio.gov