

Lupus Optimal Health Support Group Member

Follow Up Survey

(your answers will be confidential)

Date:

Age	<1	1-5	6-10	11-14	15-19	20-24	25-34	35-44	45-54	55-64	65-75	>75	Total
Sex	M												
	F												

For Sections IV – IX, Report NEW Persons ONLY

IV. Race/Ethnicity	Clients	Caregivers	VI. Household Income (Lupus Clients ONLY)						
African American			Number of Persons in House hold		<\$9,999	\$10,000-\$14,999	\$15,000-\$24,999	>\$25,000	
Asian				1					
Cambodian				2					
Hmong				3					
Laotian				4					
Vietnamese				5+					
Hispanic/Latino									
Mexican American									
Puerto Rican			VII. Last interaction with Health care System				VIII. Service Most Often Used		
Cuban			Less than 3 months				Emergency Room		
Other Hispanic/Latino			3-6 months				Family Physician		
White/Non Hispanic			6 months-1year				Health Center/Clinic		
Native American			1 Year or more				Traditional Healer		

V. Insurance (Lupus Clients ONLY)	IX. Why are you interested in a Support Group?		
Private	Diagnosed with Lupus	Spouse has Lupus	
Public (Medicare/Medicaid)	Friend has Lupus	Other:	
Uninsured			

Survey Questions

City/region in which the group meets:

Have you been diagnosed with Lupus? Yes No

Have you been diagnosed with a disease other than Lupus that has symptoms similar to Lupus? Yes No

If yes, what disease have you been diagnosed with?

When were you diagnosed?

(If you answered no to the last two questions, please skip to SECTION II)

Have you belonged to a lupus group before? Yes No

If yes, was it: This group Another group

About how long did you attend?

Where did you hear about this Lupus Support Group?

Newspaper Radio Church TV Health Fair Other

Where does your group meet?

Religious/spiritual building Hospital Community Center School Library Another location

SECTION I (FOR LUPUS PATIENTS)

Please indicate your level of agreement with the following statements:

This group has helped me learn:

How to manage daily responsibilities during flare-ups.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

How to manage the physical symptoms of flare-ups.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

How to cope with stress.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

About the concerns of my friends and family related to my lupus.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

How to come to terms with being diagnosed with lupus.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

How to manage symptoms of lupus.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

About lupus education.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

1. How many sessions have you attended in the last 12 months?
2. Please indicate whether or not participation in the lupus group has helped you in achieving better health outcomes by marking (Improved, Stayed the Same or Got Worse) on each question.

Improved Stayed the Got
Same Worse

Reduced my emergency room visits

If applicable, reduced my time off from work for lupus related problems

Talk with my physician about lupus related concerns

3. About how many times have you gone to an emergency room for a lupus related issue:
 - a. In the past 3 months
 - b. In the past 6 months
4. Does this group meet at a convenient time for you? Yes No
5. Is the location convenient for you? Yes No
6. Where does your group meet?
 Religious/spiritual building Hospital Community Center School Library Another location

7. How would you describe your support group facilitator's skills in working with this group?

8. What else would you like to get from your lupus support group that is not currently part of your group experience?

SECTION II (FOR FAMILY OR FRIENDS OF LUPUS PATIENTS)

Please indicate your level of agreement with the following statements:

The group has helped me learn to help my family member/friend who has lupus learn:

How to manage daily responsibilities during flare-ups.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

How to manage the physical symptoms of flare-ups.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

How to cope with stress.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

How to come to terms with being diagnosed with lupus.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

How to come to terms with the lupus diagnosis.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

How to manage lupus symptoms.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

About lupus education.

1 Disagree 2 Slightly Disagree 3 Slightly Agree 4 Agree

9. What else would you like to get from your lupus support group that is not currently part of your group experience?