

Ohio Commission on Minority Health

“April is Minority Health Month!”

2021 MINORITY HEALTH MONTH
CALENDAR OF EVENTS

A 30-Day Wellness Campaign

“Taking Action to Achieve Health Equity”



**Good Health
Begins With You! ®**

Celebrating 34 Years of Service

“APRIL IS MINORITY HEALTH MONTH”

MINORITY HEALTH MONTH BACKGROUND :

Minority Health Month (MHM) was created in Ohio in April 1989. The first celebration featured community initiated events. We were elated, since our goal was for one event to be conducted each day throughout Ohio. Minority Health Month was designed to be a 30-day inclusive, high visibility, wellness campaign.

The five goals established for the month, from inception, remain valid today. Those goals are to:

- provide crucial information to allow individuals to practice disease prevention;
- promote healthy lifestyles;
- showcase the providers of grassroots healthcare resources and information;
- highlight the disparate health conditions between Ohio’s minority and non-minority populations; and
- to gain additional support for on-going efforts to improve minority health year round.

In 2000, MHM became a national celebration. In 2005, the National Association of State Offices of Minority Health was created with a vision to provide leadership in transforming the health of racial and ethnic minority communities, tribal organizations, and nations. In April, we will join our fellow State Offices of Minority Health in lifting up wellness and good health.

The creativity of these initiatives executed by community based agencies and organizations has been extraordinary.

We applaud our many partners for their continued commitment to improving the health status of communities across Ohio.

This month long wellness campaign focuses on health promotion and disease prevention among minority populations.

All events are free and open to the public.

“APRIL IS MINORITY HEALTH MONTH”

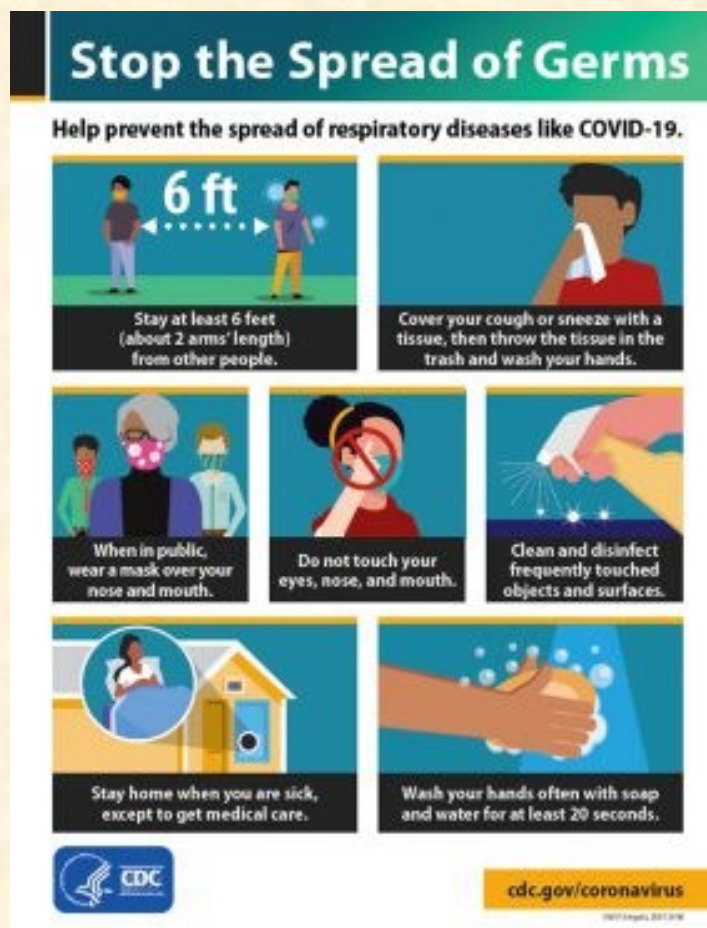
MINORITY HEALTH MONTH AND COVID-19

Due to COVID-19 many Minority Health Month funded grantees will be holding virtual events this year. For each event, there is contact information and a phone number for the public to call to receive information about the events, please make sure to contact the agencies for registration instructions regarding the virtual events. You can also visit the funded agency websites for additional registration instructions.

For the funded **in-person** events, **the events must follow strict CDC COVID-19 guidelines as well as guidelines put in place by the State of Ohio.** Please make sure to wear your mask, maintain distancing and follow the rules of each event.

CALL FIRST: Because of COVID-19, the event times, dates, and locations could change after the publication of this calendar. Please make sure to contact the funded agencies for the most up to date information regarding the activities.

All events are free and open to the public.



March 30, 2021

Official State of Ohio Minority Health Month Virtual Kick-Off and Awards Ceremony

9:00am—10:30am

This virtual kickoff to Minority Health Month 2021 will feature Dr. Deena Chisolm of Nationwide Children's our keynote speaker, Tracy Townsend of 10TV News as our Mistress of Ceremonies and the recipients of our Minority Health Award.

This event is virtual please register for the event at the link below.

<https://ocmh.mjvirtualevents.com/>

Sponsored By:

Ohio Commission on Minority Health
(614) 466-4000

April 1, 2021

Minority Health Month 2021 Panel Discussion

3:00pm—4:30pm

A panel discussion providing data and updates focused on the Social Determinants of Health, racism, and inequality.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://www.columbus.gov/publichealth/programs/Minority-Health/Minority-Health-Month---April/>

Sponsored By:

Office of Minority Health at Columbus Public Health
(614) 645-7335

April 1, 2021

Be Fierce: Minorities and Lupus

6:30pm—8:30pm

This webinar will be a disparities training for healthcare and community leaders on the impact of lupus, and to educate and to create awareness.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://lupusgreaterohio.org/>

Sponsored By:

Lupus Foundation of America, Greater Ohio Chapter
(440) 717-0183



April 2, 2021

Quick'N'Easy Cooking Demonstrations

5:00pm—6:00pm

Learn easy to make recipes that will provide you and your family with healthy cooking options that are cost effective and to fight against food insecurity.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://www.phdmc.org/healthy-lifestyles/local-office-of-minority-health-program>

Sponsored By:

Local Office of Minority Health— Public Health— Dayton and Montgomery County
(937) 225-4962

April 3, 2021

Greater Dayton Minority Health Month Kick-Off

10:00am—2:00pm

Kick-off MHM the right way! Join us and learn about the great work being done locally to combat minority health issues and engage with your local leaders.

SINCLAIR COMMUNITY COLLEGE
SMITH AUDITORIUM
444 W. THIRD STREET
DAYTON, OH 45402
(937) 225-4962

Sponsored By:

Local Office of Minority Health— Public Health— Dayton and Montgomery County
(937) 225-4962

<https://www.phdmc.org/healthy-lifestyles/local-office-of-minority-health-program>

April 3, 2021

Mental Health— Holistic Care Health Fair

12:00pm—3:00pm

The holistic health fair will help participants stay mentally healthy by teaching them about gardening. There will also be a yoga workout and information session.

CITY PARK
TOLEDO, OH 43609
(419) 213-2882

Sponsored By:

Toledo Office of Minority Health-
(419) 213-2882
<https://lucascountyhealth.com/community-outreach/minority-health/>

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 6, 2021

Can You See Me Now?

7:00pm—8:30pm

This event educates parents and caregivers on youth drug use and provides resources for substance misuse prevention.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://myfcph.org/>

Sponsored By:

Franklin County Public Health
(614) 535-6888

April 6, 2021

Depression, Stress, and Heart Disease

6:30pm—8:00pm

This workshop will examine the correlation between depression and heart disease and how new research can assist those battling depression and to take necessary steps to reduce risks of heart disease.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE
643 TROY ST., SUITE A
DAYTON, OH 45404
(937) 275-3770

Sponsored By:

American Fitness Health and Wellness Institute
(937) 275-3770

<https://cardiofest.wixsite.com/usahealthandwellness>

April 7, 2021

Office of Minority Health Workshop/Forum

1:30pm—3:00pm

This workshop is designed to engage the community in dialogue about communities as it relates to cultural norms, beliefs, and the impact on health.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://www.columbus.gov/publichealth/programs/Minority-Health/Minority-Health-Month---April/>

Sponsored By:

Office of Minority Health at Columbus Public Health
(614) 645-7335

April 7, 2021

Gus Johnson Community Foundation Women's Health Fair

7:00pm—9:00pm

The event will be a health and wellness fair that will include health screenings and vendors regarding healthy living. There will be a discussion regarding healthy eating and cooking along with a cooking demonstration.

THE GUS JOHNSON COMMUNITY CENTER
1015 S. HAWKINS AVE.
AKRON, OH 44320
(330) 606-3888

Sponsored By:

The Gus Johnson Community Center
(330) 606-3888

<https://www.united-baptist-church.com/about-us/>

April 8, 2021

Do Right: Diabetes and Cardiovascular Health and Education Workshop

6:00pm—7:00pm
Event participants will receive health education on diabetes prevention and management. Nutrition health education will be provided in an effort to combat obesity and co-occurring health risks such as high blood pressure and health disease in underserved populations.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://closingthehealthgap.org/calendar/>

Sponsored By:
The Center for Closing the Health Gap
(513) 585-9877

April 8, 2021

Mental Health Matters

7:00pm—8:30pm
This event and round table discussion will focus on youth ages 11-19. Topics will include mental wellness, substance abuse prevention, peer pressure, building health relationships, and available mental health support resources.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://myfcph.org/>

Sponsored By:
Franklin County Public Health
(614) 525-6668

April 9, 2021

Healthy Teens, Healthy Tomorrow: Teen Summit

9:30am—12:00pm
An educational summit for minority teens on organ donation and healthy lifestyle choices through sessions covering nutrition and wellness, body and kidney health, and organ/tissue donation and transplantation.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<http://kfohio.org/>

Sponsored By:
Kidney Foundation of Ohio, Inc.
(216) 771-2700



April 9, 2021

Holistic Health Expo

10:00am— 11:30am
The Cleveland Office of Minority Health sponsored event will be a community holistic health expo about healthy eating and non-traditional holistic health options.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

https://clevelandhealth.org/programs/health/minority_health/

Sponsored By:
Cleveland Department of Public Health
(216) 664-3052

April 9, 2021

Minority Health Fair

10:00am—2:00pm
Ross County Community Action will host a health fair and provide services from local healthcare facilities and social service agencies.

CARVER COMMUNITY CENTER
165 W. 4TH ST.
CHILLICOTHE, OH 45601
(740) 702-7222

Sponsored By:
Ross County Community Action Commission, Inc.
(740) 702-7222
<https://rossccac.org/>

April 9, 2021

Quick'N'Easy Cooking Demonstrations

5:00pm—6:00pm
Learn easy to make recipes that will provide you and your family with healthy cooking options that are cost effective and to fight against food insecurity.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://www.phdmc.org/healthy-lifestyles/local-office-of-minority-health-program>

Sponsored By:
Local Office of Minority Health— Public Health— Dayton and Montgomery County
(937) 225-4962

Note: The times, dates and locations of Minority Health Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 10, 2021

A Candid Discussion on Health Inequality and the Impact on the Black Community

10:00am—11:30am
Health professionals will educate the participants on heart disease, diabetes, stroke, and blood pressure checks. They will also educate and inform the audience on how to monitor blood pressure, the signs and symptoms of stroke, and the importance of healthy eating and living a healthy lifestyle.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://ohionabcj.org/>

Sponsored By:
The National Association for Black in Criminal Justice— Ohio Chapter
(937) 219-6913

April 9, 2021

Part 1: Cancer is Not Equal: The Importance of Mammogram and Prostate Screenings for Minorities"

7:00pm
This interview will feature local DNP, RN, Dr. Vanessa Palmer, specializing in breast health and breast cancer prevention for African American women, and one local urologist, who will address the current disparity in minority mammogram and prostate screenings, and discuss steps minorities can take to improve their preventative healthcare habits. This interview will also highlight and encourage participation in the mammogram and prostate screening events scheduled to take place as a part of the 2021 Minority Health Month observance.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://www.urbanmission.org/>

Sponsored By:
Urban Mission Ministries
(740) 282-8010

April 10, 2021

Chronic Disease Prevention for Family and Friends of Dialysis Patients

1:00pm—3:00pm
Cleveland MOTTEP's expert presenters will provide pertinent information to family and friends of dialysis patients about relationship between organ failure and chronic diseases such as diabetes and hypertension.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://www.cdcare.org/news/cleveland-mottep/>

Sponsored By:
Cleveland Minority Organ Tissue Transplant Education Program
(216) 658-0716

April 10, 2021

Health Fair

12:00pm—3:00pm
The event will provide health care screenings for diabetes, HBP and HIV, free of charge to the community.

FRIENDSHIP BAPTIST CHURCH
3101 NEBRASKA AVE.
TOLEDO, OH 43607
(219) 213-2882

Sponsored By:
Toledo Local Office of Minority Health
(219) 213-2882
<https://lucascountyhealth.com/community-outreach/minority-health/>

April 10, 2021

Minority Perspective: Conversation on Lupus

1:00pm—3:00pm
Women with Lupus will have the chance to come together to discuss their common journey of living with lupus or caring for someone with lupus.

This event is virtual, please find a. Please contact the agency for additional information.

<https://lupusgreaterohio.org/>

Sponsored By:
Lupus Foundation of America, Greater Ohio Chapter
(440) 717-0183

April 10, 2021

Greater Cleveland Annual Baby Shower

2:00pm—4:00pm
William Sanders Family Life Center's Annual Baby Shower for families of newborns in the Greater Cleveland area. Presentations will include safe sleep and the Mom's First and Fatherhood Initiative. There will be giveaways of diapers, wipes, sleep sack, and other baby gear.

WILLIAM E. SANDERS FAMILY LIFE CENTER
3949 LEE RD.
CLEVELAND, OH 44128
(216) 751-2688

Sponsored By:
William E. Sanders Family Life Center
(216) 751-2688
<http://www.leeroadbaptistchurch.com/family-life-center.html>

April 10, 2021

6th Annual Citywide Baby Shower & Health Fair

12:00pm—3:00pm
This citywide community event will include health screenings, support and education for expecting moms and their partners, as well as vendors from various social services and support agencies.

EUGENIA C. ATKINSON
RECREATIONAL CENTER
801 OTIS ST.
YOUNGSTOWN, OH 44510
(330) 742-3299

Sponsored By:
Youngstown Local Office on Minority Health
(330) 742-8249
<https://youngstownohio.gov/health-minority>

April 11, 2021

La Feria de la Salud

10:00am—2:00pm
This event will focus on educating participants about diabetes, and high blood pressure and cholesterol. There will also be free blood pressure, blood sugar, and cholesterol screenings.

SAINT PETER AND PAUL CHURCH
738 S. SAINT CLAIR ST.
TOLEDO, OH 43609
(419) 241-5822

Sponsored By:
Nuestra Gente Community Projects, Inc.
(419) 283-0581
<https://nuestragentecommunityprojects.org/>

April 11, 2021

Healthy Sunday Fair

1:00pm—3:00pm
A Sunday Health Fair with free cooking demos, healthy eating discussions. Free health screenings will be available as well as the ability to talk with a doctor.

UNION BAPTIST CHURCH
413 CORNELIA AVE. N.E.
CANTON, OH 44704
(330) 701-1551

Sponsored By:
Union Baptist Church
(330) 701-1551
<https://ubc-canton.org/>

April 13, 2021

Clinical Trials and the Kidney Patient

8:30am—9:30am
This education session will cover how clinical trials work at Cleveland area hospitals and healthcare facilities. The discussion will also include the need for minority patient engagement and outreach in developing clinical trials.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<http://kfohio.org/>

Sponsored By:
Kidney Foundation of Ohio, Inc.
(216) 771-2700

April 14, 2021

Office of Minority Health Workshop/Forum

1:30pm—3:00pm
Workshop designed to engage the community in dialogue about communities as it relates to cultural norms, beliefs, and the impact on health.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://www.columbus.gov/publichealth/programs/Minority-Health/Minority-Health-Month--April/>

Sponsored By:
Office of Minority Health at Columbus Public Health
(614) 645-7335

April 14, 2021

“Cardio, Carbs, Calories, and Curves”

6:30pm—8:00pm
The event will help you to embrace your shape and teach you about the right carbs for your body. Attendees will learn about the 6-chains of carbohydrates to create more "flex-appeal" and a better body image.

AMERICAN FITNESS HEALTH & WELLNESS INSTITUTE
643 TROY ST., SUITE A
DAYTON, OH 45404
(937) 275-3770

Sponsored By:
American Fitness Health & Wellness Institute
(937) 275-3770
<https://cardiofest.wixsite.com/usahealthandwellness>

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April 14, 2021

The Gus Johnson Community Foundation Men's Health Fair

7:00pm—9:00pm

The event will be a health and wellness fair that will include health screenings and vendors regarding healthy living. There will be a discussion regarding healthy eating and cooking along with a cooking demonstration.

THE GUS JOHNSON COMMUNITY CENTER
1015 S. HAWKINS AVE.
AKRON, OH 44320
(330) 606-3888

Sponsored By:

The Gus Johnson Community Center and the Summit County Local Office of Minority Health
(330) 606-3888

<https://www.united-baptist-church.com/about-us/>

April 15, 2021

Minority Health Conference

8:30am—3:30pm

This seminar will explore the understanding of environmental/external barriers that prevent at-risk populations to have favorable health outcomes and navigating systematic barriers to best serve ethnic and underserved populations.

TABERNACLE BAPTIST CHURCH
707 TABERNACLE BLVD.
YOUNGSTOWN, OH 44510
(330) 747-9624

Sponsored By:

Youngstown Office on Minority Health
(330) 747-9624

<https://youngstownohio.gov/health-minority>

April 15, 2021

Eat, Grow, and Learn Part I

5:00pm—6:30pm

This event will be a virtual nutrition education session. Presenters will provide information which will help participants make healthy food choices. There will also be information on the advantages of starting food gardens.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://www.scph.org/omh>

Sponsored By:

Summit County Combined General Health District
(330) 926-5629

April 16 , 2021

Part 2: CVD and the Minority Community

7:00pm

Cardiologist, Dr. Anthony Fletcher, will address ways in which minorities can begin to bridge the gap in CVD Health Disparities. Dr. Fletcher will discuss common signs and symptoms of CVD and proper steps for preventative care.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information

<https://www.urbanmission.org/>

Sponsored By:

Urban Mission Ministries
(740) 282-8010

April 16, 2021

Let's Talk about Equity

10:00am— 11:30am

The Cleveland Office of Minority Health is sponsoring this event that community conversation on race and health equity.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information

https://clevelandhealth.org/programs/health/minority_health/

Sponsored By:

Cleveland Department of Public Health
(216) 664-3052

April 16, 2021

Quick'N'Easy Cooking Demonstrations

5:00pm—6:00pm

Learn easy to make recipes that will provide you and your family with healthy cooking options that are cost effective and to fight against food insecurity.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information

<https://www.phdmc.org/healthy-lifestyles/local-office-of-minority-health-program>

Sponsored By:

Local Office of Minority Health— Public Health— Dayton and Montgomery County
(937) 225-4962

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April 17, 2021

CardioFest 2021

8:00am—1:00pm

The event will include a variety of cardiovascular fitness activities, fitness presentations by professionals, as well as health screenings.

ABUNDANT SEASON ANOINTED MINISTRIES INTERNATIONAL
643 TROY ST.
DAYTON, OH 45404
(937) 275-3770

Sponsored By:

American Fitness Health and Wellness Institute
(937) 275-3770

<https://cardiofest.wixsite.com/usahealthandwellness>

April 18, 2021

La Feria de la Salud

10:00am—2:00pm

This event will focus on educating participants about diabetes, and high blood pressure and cholesterol. There will also be free blood pressure, blood sugar, and cholesterol screenings.

IMMACULATE CONCEPTION CHURCH
434 EASTERN AVE.
TOLEDO, OH 43609
(419) 243-1829

Sponsored By:

Nuestra Gente Community Projects, Inc.
(419) 283-0581

<https://nuestragentecommunityprojects.org/>

April 20, 2021

Health Education Workshop: "Ain't No Half Steppin',"

6:00pm—7:00pm

Session 1 of 3 will focus on mental health and violence, and will feature a licensed social worker, attorney and advocate as the speaker.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<http://www.clevelandtreatmentcenter.org/>

Sponsored By:

Cleveland Treatment Center
(216) 861-4246



April 20, 2021

Do's and Don'ts of Herbs and Dietary Supplements

6:30pm—8:30pm
Participants will learn about herbs and dietary supplements that can be dangerous when mixing with prescribed and over the counter medicines and vitamins.

AMERICAN FITNESS HEALTH AND WELLNESS INSTITUTE
643 TROY ST.
SUITE A
DAYTON, OH 45404
(937) 275-3770

Sponsored By:
American Fitness Health and Wellness Institute
(937) 275-3770
<https://cardiofest.wixsite.com/usahealthandwellness>

April 22, 2021

Health Education Workshop: "Ain't No Half Steppin';"

6:00pm—7:00pm
Session 2 of 3 will focus on mental health and medical assisted treatment and the speaker will be a medical board certified addiction specialist.

This event is virtual. please find the link to the agency website below. Please contact the agency for additional information.

<http://www.clevelandtreatmentcenter.org/>

Sponsored By:
Cleveland Treatment Center
(216) 861-4246

April 23, 2021

Mammograms and Lunch

11:30am—1:00pm
The Neighborhood Community Development Center of the Urban Mission will partner with the North West Ohio Breast and Cervical Cancer Project of Fulton County, the Tiffany Breast Care Center of Mahoning County, and the Breast Health & Breast Cancer Prevention Program for African American Women of Jefferson County, to provide women ages 21 and up with Breast Cancer screenings and diagnostic services.

Erica Miller, Patient Navigator- North West Ohio Breast & Cervical Cancer Project @ 419.335.3907

URBAN MISSION WAREHOUSE AND PANTRY
TIFFANT BREAST CARE CENTER MOBILE UNIT
311 N. 6TH ST.
STEUBENVILLE, OH 43952
(740) 282-8010

Sponsored By:
Urban Mission Ministries
(740) 282-8010
<https://www.urbanmission.org/>

April 23, 2021

Quick'N'Easy Cooking Demonstrations

5:00pm—6:00pm
Learn easy to make recipes that will provide you and your family with healthy cooking options that are cost effective and to fight against food insecurity.

This event is virtual. please find the link to the agency website below. Please contact the agency for additional information.

<https://www.phdmc.org/healthy-lifestyles/local-office-of-minority-health-program>

Sponsored By:
Local Office of Minority Health— Public Health— Dayton and Montgomery County
(937) 225-4962

April 23 , 2021

Part 3: "My Child and Their Shots": What You Need to Know about Child Immunizations

7:00pm
This interview will feature pediatrician, Dr. Candis Platt- Houston and her colleagues who will address common facts and myths about child immunizations and walk viewers through the important role vaccines play in protecting children from deadly diseases. Panelist will address the upcoming release of COVID-19 Vaccines for children.

This event is virtual. please find the link to the agency website below. Please contact the agency for additional information

<https://www.urbanmission.org/>

Sponsored By:
Urban Mission Ministries
(740) 282-8010

April 23, 2021

Kuttin' Out Violence in Our Neighborhoods

9:00am—3:00pm
Health in collaboration with Scott High School Barber Academy, and Lucas County Children's Services to raise awareness on racism and trauma with at-risk youth. We will be giving free cuts to youth in foster care and children services.

SCOTT HIGH SCHOOL BARBER ACADEMY
2400 COLLINGWOOD BLVD.
TOLEDO, OH 43620
(419) 213-2882

Sponsored By:
Toledo Lucas County Health Department
(419) 213-2882
<https://lucascountyhealth.com/community-outreach/minority-health/>

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April 24, 2021

Community Health Walk "Keep Steppin"

10:30am—12:00pm
This event will feature a 2 mile walk at the Cleveland Metro Park- Garfield Reservation. There will be free giveaways as well as information available regarding healthy diets and exercise.

GARFIELD PARK RESERVATION
OLD BIRCH PAVILION- END OF WOLF CREEK LANE
11350 BROADWAY AVE
GARFIELD HEIGHTS, OH 44125
(216) 751-2688

Sponsored By:
William E. Sanders Family Life Center
(216) 751-2688
<http://www.leeroadbaptistchurch.com/family-life-center.html>

April 24, 2021

Infant and Maternal Mortality: A Public Health Issue

10:00am—11:30am
Health professionals will discuss topics related to high infant and maternal mortality rates in the African American community. Specifically, the effects and social determinants of health. There will also be a giveaway including diapers and wipes.

This event is virtual. Please contact the agency for additional information.

<https://ohionabcj.org/>

Sponsored By:
The National Association for Black in Criminal Justice— Ohio Chapter
(937) 219-6913

April 24, 2021

Stop the Stigma! Substance Abuse Minority Health Community Rally

12:00pm—3:00pm
Local rally will include activities for youth, a cookout, and information available and speakers from local law enforcement offices, public officials, and community members.

POLAND PARK
E. 5TH ST. AND HICKORY ST.
CHILLICOTHE, OH 45601
(740) 702-7222

Sponsored By:
Ross County Community Action Commission, Inc.
(740) 702-7222
<https://rossccac.org/>



April 24, 2021

Chronic Disease Prevention for Family and Friends of Dialysis Patients

1:00pm—3:00pm
Cleveland MOTTEP's expert presenters will provide pertinent information to family and friends of dialysis patients about relationship between organ failure and chronic diseases such as diabetes and hypertension.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information

<https://www.cdcare.org/news/cleveland-mottep/>

Sponsored By:
Cleveland Minority Organ Tissue Transplant Education Program
(216) 658-0716

April 24, 2021

Men's Health Breakfast

9:00am—12:00pm
Guest presenters will present and facilitate discussions addressing health disparities affecting minority males with a focus on men's prostate and cardiovascular health. The event is designed to promote healthy and safe space discussions.

MT. CARMEL COMMUNITY BAPTIST CHURCH
708 N. 5TH ST.
STEUDEVILLE, OH 43952
(740) 282-8010

Sponsored By:
Urban Mission Ministries
(937) 282-8010

April 25, 2021

Stop the Violence Sunday

1:00pm—3:00pm
A Sunday Health Fair with free cooking demos, healthy eating discussions. Free health screenings will be available as well as the ability to talk with a doctor. An additional, there will be a discussion around the impact of violence in the community and sharing ideas of impactful safety measures.

UNION BAPTIST CHURCH
413 CORNELIA AVE. N.E.
CANTON, OH 44704
(330) 701-1551

Sponsored By:
Union Baptist Church
(330) 701-1551
<https://ubc-canton.org/>



April 27, 2021

Men's Free Prostate Screening

4:00pm—7:00pm
Urban Mission Ministries is partnering with Tony Teramana Cancer Center and WIACC to provide free prostate cancer screenings to men ages 40+. For Scheduling and Patient Navigation: (740)264-8700.

TONY TERAMANA CANCER CENTER
3204 JOHNSON RD.
STEUDEVILLE, OH 43952
(740) 264-8207

Sponsored By:
Urban Mission Ministries
(740) 282-8010
<https://www.urbanmission.org/>

April 27, 2021

Help and Health Over Opioid and Smoking Addiction

6:30pm—8:30pm
Participants will learn about the symptoms and signs of heroin and smoking addictions. Participants will also learn about various treatments, medicines, and therapies to help overcome the addiction.

AMERICAN FITNESS HEALTH AND WELLNESS INSTITUTE
643 TROY ST.
SUITE A
DAYTON, OH 45404
(937) 275-3770

Sponsored By:
American Fitness Health and Wellness Institute
(937) 275-3770
<https://cardiofest.wixsite.com/usahealthandwellness>

April 28, 2021

Eat, Grow, and Learn Part II

5:00pm—6:30pm
This session is a continuation of the Eat, Grow, and Learn series and will focus on the importance of physical and mental health. Experts will provide participants with various techniques to become the healthiest version of themselves.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://www.scph.org/omh>

Sponsored By:
Summit County Combined General Health District
(330) 926-5629

Note: The times, dates and locations of Minority Month events are subject to change after the printing deadline. We suggest you contact the agency telephone number listed for verification of events.

April 28, 2021

Health Education Workshop: "Ain't No Half Steppin'."

6:00pm—7:00pm
Session 3 of 3: Will tell the story of Pastor Sal Perez' Substance Abuse and Recovery Story.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<http://www.clevelandtreatmentcenter.org/>

Sponsored By:
Cleveland Treatment Center
(216) 861-4246

April 29, 2021

Do Right: Diabetes and Cardiovascular Health and Education Workshop

6:00pm—7:00pm
Event participants will receive health education on diabetes prevention and management, as well as health tips on how to maintain good cardiovascular health.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information

<https://closingthehealthgap.org/calendar/>

Sponsored By:
The Center for Closing the Health Gap
(513) 585-9877

April 30, 2021

Quick'N'Easy Cooking Demonstrations

5:00pm—6:00pm
Learn easy to make recipes that will provide you and your family with healthy cooking options that are cost effective and to fight against food insecurity.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information.

<https://www.phdmc.org/healthy-lifestyles/local-office-of-minority-health-program>

Sponsored By:
Local Office of Minority Health— Public Health— Dayton and Montgomery County
(937) 225-4962

April 30, 2021
Part 4: "The Wrap-Up"

7:00pm
Family Nurse Practitioner, Carletta Williams and Mental Health Therapist, LeAnn Taylor, M.Ed, LPCC-S, team up to educate viewers on COVID-19 vaccinations and the implications of COVID-19 for mental health.

This event is virtual, please find the link to the agency website below. Please contact the agency for additional information

<https://www.urbanmission.org/>

Sponsored By:
Urban Mission Ministries
(740) 282-8010

LOCAL OFFICES OF MINORITY HEALTH

Akron

Summit County Office of Minority Health
Summit County Public Health
1867 West Market Street
Akron, Ohio 44313

Shaleeta Smith
Manager– Maternal Child Health
(330) 926-5600

Cleveland

Cleveland Office of Minority Health
Cleveland Department of Public Health
75 Erievue Plaza
Cleveland, Ohio 44114

Frances Mills
Interim Public Health Commissioner
(216) 664-4369

Columbus

Columbus Office of Minority Health
Columbus Public Health
240 Parsons Avenue
Columbus, Ohio 43215

Ryan E. Johnson
Director
(614) 645-7335

Dayton

Dayton Council on Health Equity
Public Health-Dayton & Montgomery County
1320 E. Fifth Street
Dayton, Ohio 45410

Fabrice Juin
Coordinator– Local Office of Minority Health
(937) 225-9362

Toledo

Toledo Lucas County Office
of Minority Health
Toledo-Lucas County Health Department
635 North Erie Street
Toledo, Ohio 43604

Kimberly Toles
Director
(419) 213-4135

Youngstown

Youngstown Local Office of Minority Health
Youngstown City Health District
9 Front Street, Room 223
Youngstown, Ohio 44503

Leigh Greene
Director
(330) 743-3333



Minority Health *Matters*

Are you interested in minority health issues?

If so, join our listserv to receive information
related to minority health issues.

Join NOW!

Email us at www.minhealth@mih.ohio.gov

The 2021 Minority Health Month

Statewide Calendar of Events

has been made possible

through the efforts

of our distinguished grantees.

We thank you so much!

American Fitness Health & Wellness
Institute

Cleveland Department of Public Health
Cleveland Minority Organ and Tissue
Transplant Education Program

Cleveland Treatment Center

Columbus Public Health

Franklin County Public Health

The Gus Johnson Community Foundation

Kidney Foundation of Ohio, Inc.

Lupus Foundation of America, Greater
Ohio Chapter

National Association of Blacks in Criminal
Justice– Ohio Chapter

Nuestra Gente Community Projects, Inc.
Public Health – Dayton & Montgomery
County

Ross County Community Action Commis-
sion, Inc.

Summit County Combined General
Health District

The Center for Closing the Health Gap in
Greater Cincinnati

Toledo-Lucas County Health Department
Union Baptist Church

Urban Mission Ministries

William E. Sanders Family Life Center

Youngstown City Health District

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UPCOMING FUNDING ANNOUNCEMENT

Minority Health Month 2022

The Ohio Commission on Minority Health announces the availability of the Request For Proposals (RFP) for Minority Health Month 2022.

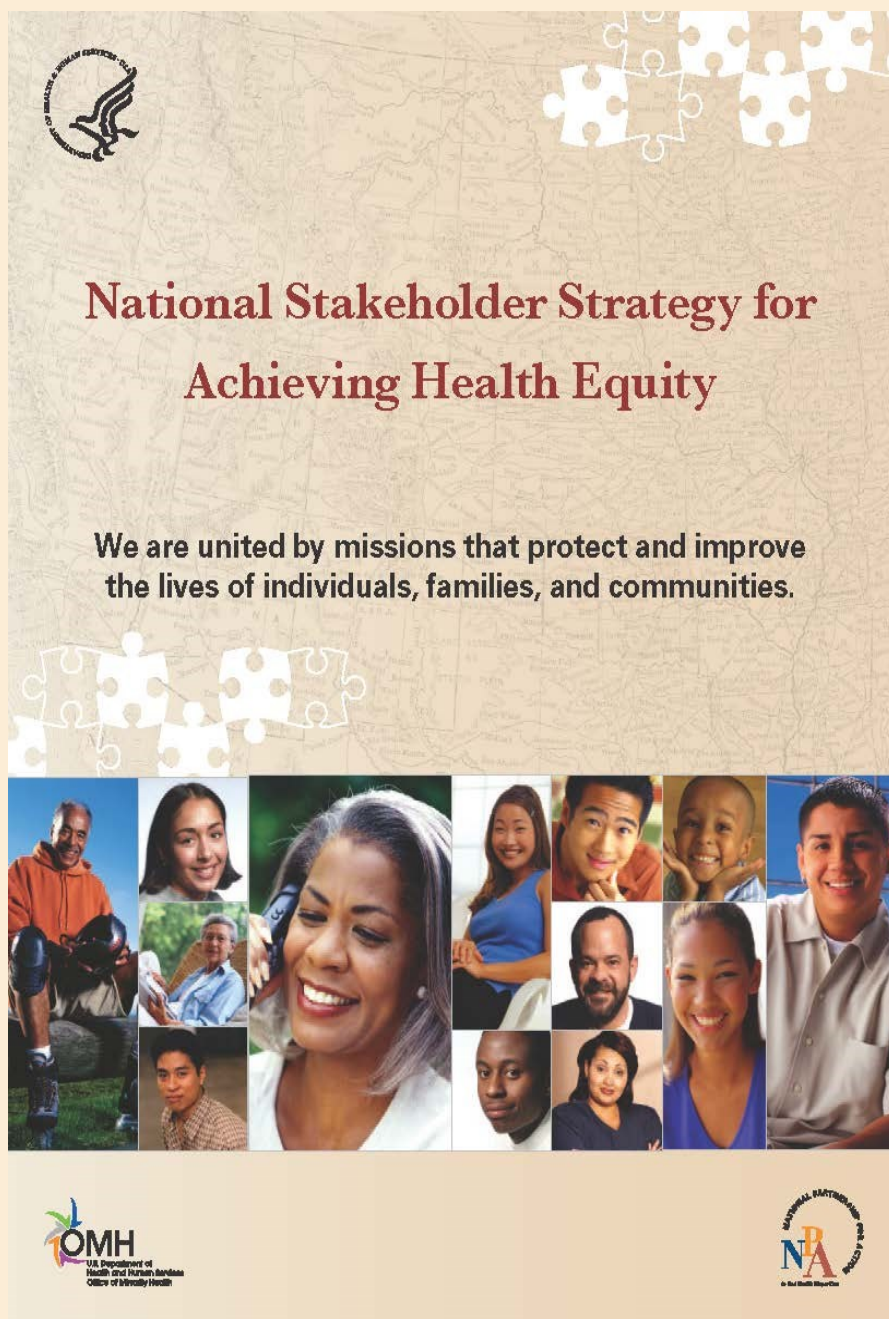
The RFP outlining grant requirements and registration for technical assistance sessions will be available on our website www.mih.ohio.gov on **June 7, 2021**.

For additional questions contact the Ohio Commission on Minority Health at 77 South High Street, 18th Floor, Columbus, Ohio 43215 (614) 466-4000.

The deadline for funding application submission is July 19, 2021.

**The Commission issues a
STATEWIDE CALL TO ACTION
to practice the activities and programs that arose from the:
The National Stakeholders Strategy for Achieving Health Equity**

<https://minorityhealth.hhs.gov/npa/files/Plans/NSS/CompleteNSS.pdf>





NATIONAL MINORITY HEALTH MONTH

#VaccineReady

April 2021

The focus will be to empower communities to:

- **Get the facts about COVID-19 vaccines and share accurate information**
 - **Address their historical and contemporary hesitancy concerns**
- **Make an informed decision to get vaccinated when the time comes.**
 - **Practice COVID-19 safety measures**

Be sure to:

- **Wear a mask to protect yourself and others and stop the spread of COVID-19.**
- **Wash your hands often with soap and water for at least 20 seconds**
- **Stay at least 6 feet (about 2 arm lengths) from others who don't live with you.**

The Ohio Commission on Minority Health

*Good Health
Begins With You!*[®]



77 S. High Street, 18th Floor

Columbus, Ohio 43215

Telephone: (614) 466-4000

Fax: (614) 752-9049

Website: www.mih.ohio.gov

Email: minhealth@mih.ohio.gov

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Follow us on LinkedIn @

Ohio Commission on Minority Health

