



Health

Understanding

Education



The Ohio Commission on Minority Health

April 2016
Minority Health Month

John Kasich, Governor
Gregory L. Hall, MD, Chairman
Angela C. Dawson, Executive Director

A Word from the Chairman



Gregory L. Hall, MD
Chairman, Ohio Commission on Minority Health

Letter from the Chairman

We had another outstanding Minority Health Month Kick-off with great contributions for organizations from across the state. From Cincinnati to Cleveland and Youngstown to Toledo, educators and advocates came to Columbus to increase awareness about the activities they were involved with that work to decrease health disparities.

As April continues, the Ohio Commission on Minority Health through agencies sprinkled across the state will touch many lives as established and new agency partners educate and impact the lives of children and adults in their areas of expertise.

The Ohio Commission on Minority Health's motto "good health begins with you", is not just an obvious statement to be acknowledged with a quick nod, but instead should be a constant reaffirmation of a singularly important theme that should never be lost in our discussion of health disparities and achieving health equity.

We have to work at making ourselves healthy first. These individual efforts not only improve our being, they also educate those around us.

When we educate regarding our specific programs, remember we also represent "health" more broadly. While we may work with lupus patients in support groups, or diabetics with exercise programs, please know that those around us are also watching the other behaviors we have . . . including our own diet, activities, and habits (both good and bad).

"Good health" is not just fixing of one aspect of our lives, "good health" is a way of life, and displaying it is just as infectious and impactful as working in your field of expertise.

Happy Spring!! And Happy Minority Health Month!

A Word from President Barack Obama,



THE WHITE HOUSE
WASHINGTON

April 1, 2016

I send greetings to all those observing National Minority Health Month.

Our Nation was built on an enduring belief that we are all created equal—regardless of the color of our skin or the station into which we were born. From the ambitions we hold for ourselves to the way we take care of our health, this founding premise serves as the guidepost of our national life. Yet to this day, minorities continue to experience health care gaps that leave their communities behind. During National Minority Health Month, we recommit to taking action to overcome these disparities.

This year's theme, "Accelerating Health Equity for the Nation," highlights the necessity for the public health community, government entities, and even private citizens, to join in a spirit of camaraderie to ensure no one misses a chance to get the care they need to thrive. My Administration is doing everything we can to play a part in these important efforts, and thanks to the Affordable Care Act, more than 20 million people now know the peace of mind that comes with quality, affordable health care.

This work is ongoing, and in order for all our people to lead safe, healthy lives, we must put aside the differences that cast us apart. As you rededicate yourselves to building a fairer, more inclusive health care system, I wish you all the best.

A handwritten signature in black ink, appearing to be "Barack Obama", written in a cursive style.

Executive Director's Corner

April is Minority Health Month

The Ohio Commission on Minority Health initiated this important health awareness campaign with a statewide kickoff that was held on Thursday, March 24, 2016 at the Vern Riffe Center.

This annual campaign requires a considerable amount of planning and effort, I extend my thanks to my outstanding staff and volunteers whose commitment results in an excellent occasion.



This statewide event was made possible through the generous support of corporate sponsors. This year's sponsors include:

Gold Level Sponsor: Medical Mutual

Bronze Level Sponsor: Buckeye Health Plan

Pewter Level Sponsors: Promedica, InHealth Mutual, Molina, United Health Plan, CareSource and PrimaryOne Health

Minority Health Month raises awareness to the fact that health disparities are preventable and cost effective and must have policy and legislative solutions.

According to the 2011, U.S. Health and Human Services Action Plan to reduce racial and ethnic health disparities, individuals, families, and communities that have systematically experienced social and economic disadvantage face greater obstacles to optimal health.

African Americans, Hispanic/Latinos, Native Americans, Alaskan Natives, Asian Americans, and Pacific Islanders, have significantly higher rates of infant mortality, cancer, cardiovascular disease, diabetes, substance abuse, and violence. These **preventable** diseases and conditions continue to be responsible for more than 85% of excess deaths within these populations.

According to the 2015 Ohio Chronic Disease Report, medical costs associated with chronic disease are expected to rise from \$25 billion in 2010 to \$44 billion in 2020.

The Commission is focused on investing in models that demonstrate a return on investment, improve health outcomes and increase life expectancy. The Commission's future efforts will highlight the necessity of working with new and existing partners who can influence the political, social, and economic decisions that largely influence health and identify resources to:

- Continue efforts to bring infant mortality Pathways Community Hub model to scale in Ohio;
- Implement Commission white paper recommendations;
- Request state level health equity and disparities reports; and

Expand funding capacity.

The Commission is grateful for the community based funded agencies who will partner with us to raise the awareness of health disparities with over 100 events across the State. The statewide calendar of events is posted at www.mih.ohio.gov on the Commission website.

National Minority Health Month 2016

“Accelerating Health Equity for the Nation”



In 1985, the United States Department of Health and Human Services (HHS) released a landmark report documenting the existence of health disparities for minorities in the United States. In the decades since the release of that report much has changed in our society—including significant improvements in health and health services throughout the nation. Health and healthcare disparities continue to exist and, in some cases, the gap continues to grow for racial and ethnic minorities, the poor, and other at-risk populations. (NPA Report, 2011)

Over 29 years ago former State Senator, Ray Miller saw the need for a state commission that would devote resources to address minority health disparities in Ohio. His visionary actions resulted in the initiation of the taskforce on Black and Minority Health whose recommendations included the creation of the Ohio Commission on Minority Health.

According to Families USA, the existence of racial and ethnic health disparities are undermining our communities and our health system. Minorities are more likely to suffer from certain health conditions, are more likely to get sick, and have serious complications and die from these conditions.

It is without question that health disparities represent significant burdens for the individuals and families affected. However there are additional societal and financial burdens borne by our state as a whole. These burdens establish both ethical and tangible mandates to reduce health disparities and achieve health equity.

Individuals, families, and communities that have systematically experienced social and economic disadvantage face greater obstacles to optimal health. African Americans, Hispanic/Latinos, Native Americans, Alaskan Natives, Asian Americans, and Pacific Islanders, have significantly higher rates of infant mortality, cancer, cardiovascular disease, diabetes, substance abuse, and violence. These **preventable** diseases and conditions continue to be responsible for more than 85% of excess deaths within these populations.

According to the 2011, U.S. Health and Human Services Action Plan to reduce racial and ethnic health disparities, medical advances and new technologies have provided people in America with the potential for longer, healthier lives more than ever before. However, persistent and well-documented health disparities exist between different racial and ethnic populations and health equity remains elusive.

Events like Minority Health Month help bring attention to the leading research that continues to reveal little improvement in disparities over the past decade. The Commission funded agencies will host over 100 events throughout the month of April in communities across this state.





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- Bronze Level sponsor: Buckeye Health Plan
- Pewter Level sponsors: Promedica, InHealth Mutual, Molina, United Health Plan, CareSource and PrimaryOne Health



L to R - Director Angela Dawson, Denise R. Ali and Daniel Rankin of Gold Sponsor, Medical Mutual and Dr. Gregory Hall MD.



Current and former Commission Board Members with Bronze level sponsors Buckeye Community Health Plan



Director Dawson and Chairman, Dr. Hall with Pewter level sponsors, CareSource Ohio



Pewter level sponsors : Promedica, InHealth Mutual, Molina, United Health Plan, CareSource and PrimaryOne Health



The following speakers helped kick off Minority Health Month with their encouraging words and calls to action:



Keynote address speaker Representative Emilia Sykes House District 34



Mistress of Ceremonies Tracy Townsend



Governors Office of Minority Affairs: Director Angela Dawson, Assistant Minority Leader Charleta Tavares, Representative David Leland Mr. Bullard, Ms. Waers, and Dr. Gregory Hall MD.

A great time was had by all in attendance!



Ohio Commission on Minority Health

*To learn more about the Medical Expert Panel White Paper
in Infant Mortality please click [HERE](#):*



Medical Expert Panel:

White Paper

*Achieving Equity and Eliminating Infant Mortality Disparities within
Racial and Ethnic Populations:*

From Data to Action

2016 Health Expo Participants

Sponsors

Medical Mutual

Buckeye Community Health Plan

ProMedica

InHealth Mutual

Molina

United Health Plan

CareSource

PrimaryOne Health

Grantees and Community Agencies

Akron-Summit Community Action, Inc.

Cleveland Office of Minority Health

Columbus Public Health-Office of Minority Health

Community Health Access Project

Divine Chiropractic & Wellness Center

Franklin County Pathways Community HUB

Health Care Access Now

Hospital Council of Northwest Ohio

Kowalski Wellness Center

Lorain Urban Minority Alcoholism and Drug Abuse Outreach Program

Lucas County Regional Health Department-Office on Minority Health

Lupus Foundation of America Greater Ohio Chapter

Mahoning County District Board of Health

Multiethnic Advocates for Cultural Competence-Ohio Team

Murtis Taylor Human Services System

National Kidney Foundation

Nationwide Children's Hospital

Nuestra Gente Community Projects Inc.

Ohio Asian American Health Coalition

Ohio Attorney General's Office

Ohio Department of Developmental Disabilities

Ohio Sickle Cell & Health Association

Divine Chiropractic & Wellness Center

Public Health Dayton & Montgomery County-Office of Minority Health

Ross County Community Action Commission, Inc.

Steubenville Health Department

Summit County Public Health- Office on Minority Health

The Center for Closing the Health Gap In Greater Cincinnati

Toledo-Lucas County Health Department-Office of Minority Health

United Way of Central Ohio

William E. Sanders Family Life Center

Youngstown City Health District - Office on Minority Health

2016 Minority Health Month Grantees

Agency	County
Youngstown City Health District	Mahoning
Erie County Health Department	Erie
Lorain City Health Department	Lorain
Community Outreach Positive Alternative	Portage
The Waldrop Health & Youth Ministry	Hamilton
YWCA of Greater Cincinnati	Hamilton
Mercy Health	Lucas
Urban Mission Ministries	Jefferson
Family & Community Services	Geauga
Lucas County Regional	Lucas
Columbus Public Health	Franklin
Public Health-Dayton & Montgomery County	Montgomery
Young Women's Christian Association of Dayton Ohio	Montgomery
William E. Sanders Family Life Center	Cuyahoga
Monroe Street Neighborhood Center	Lucas
Zion Baptist Church	Hamilton
Cleveland Department of Public Health-Cleveland Office on Minority Health	Cuyahoga
The Union Foundation	Hamilton

2016 Minority Health Month Grantees

American Fitness Health & Wellness Institute	Montgomery
Boys & Girls Club of Dayton	Montgomery
Santa Maria Community Services	Hamilton
Ohio Commission on Hispanic/Latino Affairs	Franklin
Ross County Community Action Commission	Ross
Mercy Medical Center	Canton
Asian American Community Services	Franklin
East Columbus Development Company	Franklin

Asian Resource Center	Lucas
Adelante Inc.	Lucas
Making a Difference, Inc.	Franklin
Korean Central Presbyterian Church	Cuyahoga
Summit County Health District	Summit
University Hospitals Case Medical Center	Cuyahoga
Bureau of Drug Abuse, Cleveland Treatment Center	Cuyahoga
Wright State University	Greene
Lucas County Colorectal Cancer Coalition	Lucas
The Gus Johnson Community Foundation	Summit

2016 Minority Health Month Grantees

Winston Hills Medical and Health Center	Hamilton
Asian Services in Action Inc.	Cuyahoga
Harvard Community Services Center	Cuyahoga
Community for New Direction	Franklin
Bread of Life Feeding Center	Lucas
Council for Economic Opportunities in Greater Cleveland	Cuyahoga

More fun and edutainment from the Minority Health Month Expo!



The Ohio Commission on Minority Health Board Members



Pictured L to R: Dr. Timothy Barreiro, Ms. Jill Jackson, designee for ODE Superintendent Richard A. Ross, Dr. William Hicks, Dr. Bhagwan Satiani, Senator Cecil Thomas, Ms. Traci Bell-Thomas, designee for ODM Director John McCarthy, ODJFS Director Cynthia Dungy, OCMH Executive Director Angela Cornelius Dawson, Tiffany Richardson , designee for Director Dungy, Dr. Deena Chisolm, Representative Robert Sprague, Dr. Cherie A. Richey, Mr. Chip Allen, designee for ODH Director Richard Hodges, and Board Chairman, Dr. Greg Hall.

Not pictured: Cora Munoz, PhD, RN, Vice Chair , Mark Law, MD, John Martin, Director, Ohio Department of Developmental Disabilities, Charles Modlin, MD, Jamoya Cox, designee for Ohio Mental Health and Addiction Services Director ,Tracy Plouck.

Commission Staff

Angela C. Dawson,
Executive Director

Reina M. Sims,
Program Manager

Venita O'Bannon,
Senior Financial Analyst

Amy Kaufholz,
Program Specialist



Ohio Commission on Minority Health

77 South High Street

18th Floor

Columbus, Ohio 43215

614.466.4000

www.mih.ohio.gov

Good Health Begins With You!®